

Vagal nerve stimulation for epilepsy and depression

Clinical Expert

Edward J. Novotny, MD

Director, Epilepsy
Alvord, Gerlich and Rhodes Family Endowed Chair in Pediatric Epilepsy,
University of Washington School of Medicine

Director Epilepsy Program, Seattle Children's Hospital

Professor of Neurology and Pediatrics, Adjunct Professor of Radiology and Neurosurgery, University of Washington School of Medicine

	Applicant Name	Edward J. Novo	otny, Jr., MD			
	Address Seattle Children's Hospital and Research Institute					
	Neurology, M/S MB.7.420, 4800 Sandpoint Way NE					
1.	Business Activi	tios				
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	4500 Sand Point Way NE, Suite 100, Seattle, WA 98105 University of Washington Physicians Fuki Hisama, MD Salary					
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4.	Business S	hared With a Lobbyist	
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6. Business Investments of More Than \$1,000

(Do not list the amount of the investment or include individual items held in a mutual fund or blind trust, a time or demand deposit in a financial institution, shares in a credit union, or the cash surrender value of life insurance.)

If you or a member of your household had a personal, beneficial interest or investment in a business during the immediate preceding calendar year of more than \$1,000, list the following:

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7.	Service Fee	e of	More Than \$1,00	0			
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	Print Name		Edward J. Novotn	y, Jr.	, MD		
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	Signature		<u> </u>				Date

CURRICULUM VITAE

Edward John Novotny, Jr., M.D.

Birth Date: November 18, 1953 Birth Place: White Plains, New York

Office address: Seattle Children's Hospital

4800 Sandpoint Way NE

Neurology, Box 359300 M/S – MB.7.420

Seattle, WA 98105 Email - ejn4@uw.edu

Marital Status: Married Children: None

Citizenship: U.S.A.

EDUCATION:

<u>Undergraduate</u> <u>Education</u>:

B.S. University of California, Irvine

Irvine, CA 92717 Dates: 9/71 to 6/75

Majors: Biology (B.S.), Chemistry (B.S.) Cum Laude

Medical Education:

M.D. Saint Louis University Medical School

1402 S. Grand Ave. Saint Louis, MO 63104 Dates: 8/75 to 5/79

POSTGRADUATE TRAINING:

Internship: 7/79 to 6/80 University of California, Davis Medical Ctr.

2315 Stockton Blvd. Sacramento, CA 95817

Residencies:

1. 7/80 to 6/81 Pediatrics (PL1 and PL2)

University of California, Davis Medical Ctr.

2315 Stockton Blvd.

Sacramento, CA 95817

2. 7/81 to 6/84 Neurology (Pediatric)

Stanford University Medical Center Department of Neurology, Rm C338

Stanford, CA 94305

Fellowships:

1. 7/84 to 6/86 Neurology (EEG/Epilepsy)

Stanford University Medical Center Department of Neurology, Rm C338

Stanford, CA 94305

2. 7/87 to 6/89 Neurology (NMR Spectroscopy)

Yale University, School of Medicine Department of Neurology, LCI 710

333 Cedar Street

New Haven, CT 06510

ACADEMIC POSTS:

1984-1986 Physician Specialist

Stanford University

Department of Neurology

1986-1987 Acting Assistant Professor

Stanford University

Department of Neurology

1987-1990 Associate Research Scientist

Yale University

Department of Neurology

1990-2000 Assistant Professor

Yale University

Departments of Pediatrics and Neurology

1992 – 2009 Associate Director (Pediatrics)

Yale University Clinical Neurophysiology Lab

Departments of Pediatrics and Neurology

1992 - 2009 Director, Pediatric Epilepsy

Yale University

Departments of Pediatrics and Neurology

2000 - 2003 Associate Professor

Ver 3/2018 2/37

Yale University

Departments of Pediatrics and Neurology

2003 – 2009 Associate Professor

Yale University

Departments of Pediatrics, Neurology and

Neurosurgery

2003 to 2006 Director, Clinical Neurophysiology

Yale University

Training Program, Departments of Pediatrics and

Neurology

2009 – Present Professor

University of Washington

Departments of Neurology and Pediatrics

2010 – Present Professor (adjunct)

University of Washington

Departments of Radiology and Neurosurgery

HOSPITAL APPOINTMENTS:

1984-1987 Attending, Neurology

Stanford University Medical Center

1987-2009 Attending, Neurology

Yale-New Haven Hospital

1990-2009 Attending, Pediatrics

Yale-New Haven Hospital

2009 – present Attending, Pediatrics and Neurology

Seattle Children's Hospital Director, Epilepsy Program

2009 – Present Attending, Neurology

University of Washington Medical Center

PROFESSIONAL AWARDS:

1. Awarded the William Gowers Fellowship in Clinical Epilepsy Research from the Epilepsy Foundation of America for the year 7/1/84 to 6/30/85.

Ver 3/2018 3/37

- 2. Awarded the S. Weir Mitchell Award by the American Academy of Neurology in 1985.
- 3. Fellow in the Epilepsy Training Program sponsored by the National Institutes of Health awarded to the Department of Neurology at Stanford University, 5-T32-NS07280-01. (7/1/85 to 6/30/86).
- 4. National Research Service Award from National Institutes of Health for research in the area of biochemistry, "In vivo NMR spectroscopic investigations in epilepsy", at Yale University Department of Neurology. 1 F32 NS08252-01. (8/1/87 to 7/30/89)
- 5. FIRST Award NIH (NINDS), " In vivo ¹H/¹³C NMR Studies of Neonatal seizures" (1R29 NS28790-01). 9/1/90 to 8/31/95.
- 6. Best Doctors in America Northeast region 1996, 1998, 1999, 2000; Best Doctor in New York Magazine 2007, 2008, 2009, ; US News Health 2011-2012; Top Doctors Seattle 2011-2019
- 7. Teaching Attending of the year Department of Neurology Residents 1997-1998
- 8. Member American Heart Association Brain 1 Peer Review Committee National Research Program 4/2002, 4/2003, 10/2003, 4/2004
- 9. Ad-Hoc reviewer NIH Study section(s): Neurological Sciences and Disorders A 10/1998; Clinical Research Review Committee 6/1999; Biophysical Chemistry Study Section 10/2002; Developmental Brain Disorders Study Section 6/2003 11/2004; Special Emphasis Panel NIDA 6/2007; NIDA 6/2009
- 10. Elected Fellow of American Clinical Neurophysiology Society (1992) FACNS
- 11. Elected Fellow of American Academy of Neurology (2014) FAAN
- 12. Elected Fellow of American Epilepsy Society (2016)- FAES

PROFESSIONAL ORGANIZATIONS/COMMITEES:

American Academy of Neurology (1982)

S. Weir Mitchell Award (1985); Computers and Neurology Workshop Instructor (1995 – 1997); Epilepsy Section Member (2000 -); Child Neurology Section Member (2000 -). Dreyfuss-Penry Award Committee (2009 – present); Fellow (2014 to present)

American Epilepsy Society (1984) - Scientific Program Committee (1995-97), Investigator's Workshop Committee (1998-2000), Technology Committee (2001); Pediatric Content Committee (2006-present); Web Committee (2008 –2010); Chair, Pediatric Content Committee (2011-2013); Council on Education (2011-13); Clinical Investigators Workshop Committee (2011-present); Chair, Clinical Investigators Workshop Committee (2014-present); Fellow (2016 – present)

American Clinical Neurophysiology Society (1986) - Scientific Program Committee 1996-1997; Fellow (1992).

Child Neurology Society (1984) - Junior membership committee 1986-1987;

Research Committee 1990 - 1993; Scientific Program Committee 1995-1999; 2000-2006, Electronic Communications Committee 1997- 2004. 2006 – 2009.

International Society for Magnetic Resonance in Medicine (1987)

International Child Neurology Association (1988)

Society for Pediatric Research (1993) – Scientific Program Committee (Neurology) 2001 - 2004

Ver 3/2018 4/37

Society for Neuroscience (1995)

Pediatric Neurology – Editorial board member – 2000 - 2006

Clinical Research Review Committee – Yale University Children's Clinical Research Center – 1996 – 2004

Information Technology Committee – Yale University School of Medicine – 2000 - 2005

General Advisory Committee – Yale University General Clinical Research Center – 2003 – 2006

Pediatric Protocol Committee – Yale University Clinical Research Center – 2000 - 2009

BOARD CERTIFICATION:

American Board of Pediatrics (1/19/1986, #33114)

American Board of Psychiatry and Neurology (Neurology with special qualification in Child Neurology) (2/1986, #567)

American Board of Clinical Neurophysiology (1989)

American Board of Psychiatry and Neurology (Neurology with special qualification in Clinical Neurophysiology) (4/1994, #402; recertified 8/2004)

American Board of Psychiatry and Neurology (subspecialty Epilepsy) (8/11/2014, #638)

LICENSES:

Physician and Surgeon's License (California G, 7/80; Connecticut #28557, 9/87; Washington - MD 60078540, 7/2009 exp 11/18/2021; Montana #68076 7/2018 exp. 3/31/2020)

RESEARCH EXPERIENCE:

Past:

- William Gower's Fellowship Epilepsy Foundation of America –"Investigation of Neonatal seizures post hypoxic-ischemia" 7/1/84 6/30/85
- Fellow, Epilepsy Training Program Stanford University T32-NS07280-01 (David Prince) 7/1/85 6/30/86
- Fellow, NMR Spectroscopy NRSA 1 F32 NS08252-01 "In vivo NMR spectroscopic investigations in epilepsy". Yale University 7/1/87 –6/30/89
- Principal Investigator FIRST Award NIH (NINDS), "In vivo 1H/13C NMR Studies of Neonatal seizures" (1R29 NS28790-01). 9/1/90 to 8/31/95
- Principal Investigator Juvenile Diabetes Foundation "Brain Glucose Transport in Nondiabetic and Insulin Dependent Diabetic Subjects Investigated by In Vivo NMR Spectroscopy", 9/1/91 8/31/92.

Principal Investigator - P20NS32578-01 (Ment) "Basic mechanisms of cortical injury--relevance

Ver 3/2018 5/37

- to IVH". Project 2 NMR investigations of Hypoxic ischemic Injury. 9/30/93 8/31/96.
- Principal Investigator Epilepsy Foundation of America "Multinuclear NMR studies of the Ketogenic Diet in Children." 7/1/96 6/30/97.
- Collaborator 1R01NS31146-01 (Berg, A) "Risk and predictors of intractable epilepsy in children" 1/15/93 –1/14/97.
- Principal Investigator M01RR06022-060781 Children's Clinical Research Center Grant "Intensive neurodiagnostic monitoring in Pediatric Epilepsy". 12/1/89 11/30/2004.
- Investigator 1 PO1-HD 32573-01 (Haddad) NIH/NCHHD "Hypoxia in Development: Injury and Adaptation Mechanisms" Project 4: Brain Metabolism and Function in Hypoxia. 2/1/95 1/31/2004
- Investigator RO1 NS 35918 (Haddad) NIH/NINDS "Ionic and Metabolic Mechanisms in Hypoxic Neuronal Injury". 2/1/97-1/31/2002
- Principal Investigator RO1-NS 38175 NIH/NINDS "Cerebral GABA in Cryptogenic Generalized Epilepsy". 1/4/99-11/30/2003
- Principal Investigator R21 DA015908 9/27/2002 6/30/2005 "NMR Studies of Brain Glutamate Turnover in Development"
- Investigator JDRF (Rothman, P.I., Project 3) Juvenile Diabetes Research Foundation 6/01/00-5/31/04 "CNS Effects and Prevention of Hypoglycemia in Human Type 1 Diabetes"
- Consultant R01 HL070919 9/3/2002 7/31/2006 "Sleep Mechanisms in Children: Role of Metabolism"
- Investigator R01NS 044102 2/1/2003 1/31/2008 "Anticipating seizures in epileptic networks"
- Principal Investigator (Yale) UO1 NS045911 10/2003 11/2008 "Childhood Absence Epilepsy: Rx, PK-PD Pharmacogenetics"
- Investigator- R01NS047605 7/1/2005 6/30/2009 "Epileptogenic Tissue Localization using EEG-fMRI"
- Investigator R01NS055829 (Blumenfeld) 8/2/2006 1/31/2010 "Functional Neuroimaging in Childhood Absence Epilepsy"
- Investigator 5U01NS053998-03 (Lowenstein) 5/1/2010 4/30/2013 "THE EPILEPSY PHENOME/ GENOME PROJECT (EPGP)"

Ver 3/2018 6/37

Edward J. Novotny, Jr.

Collaborator/Investigator – (Grabowski) - RC4 NS073008 30-SEP-2010 – 31-AUG-2013 IBIC: Integrated Brain Imaging Center for the University of Washington

Mentor – (Weaver) - K01 MH086118

10-AUG-2010 - 31-JUL-2015

Defining the Dynamics of the Default Network with Direct Brain Recordings and functional MRI

Key Personnel – (Oakley) - K08 NS071193

15-APR-2011 - 31-MAR-2016

Brain regions contributing to seizures as a function of age and body temperature in a mouse model of severe myoclonic epilepsy in infancy

Consultant – (Chaovalitwongse) - NSF

Graph-Theoretic Analysis of Functional Connectivity MRI as a Non-Invasive Test for Lateralization and Localization of the Epileptic Focus in Temporal Lobe Epilepsy

Pediatric Epilepsy Research Foundation (A. Berg PI; Site PI)

9/1/2013 - 7/31/2017

Early Onset Epilepsy Consortium

The Early Onset Epilepsy Consortium (EOEC) study is a follow up of a retrospective study that was performed at Seattle Children's in 2012. In the current proposal, we will identify all children seen at Seattle Children's Hospital between the ages of 1 month and 3 years over a 2 year period.

Fycompa (E. Novotny)

2/6/2017-5/31/2019

A Retrospective Multicenter Study to Investigate Dosage, Efficacy, and Safety of Fycompa® in Routine Clinical Care of Patients With Epilepsy

Current:

Pediatric Status Epilepticus Research Group (pSERG); (T. Loddenkemper PI; Site Co-PI) **7/2017** – **present (L. Morgan/E. Novotny).** The Pediatric Status Epilepticus Research Group (pSERG) is a national consortium focusing on outcomes of status epilepticus.

Critical Care EEG Monitoring Consortium. A forum for collaborative research in Critical Care EEG Monitoring and promote quality improvements and standardization of the clinical practice of Critical Care EEG Monitoring. 7/2017 – present (L. Bozarth/E. Novotny). Upload CCEEG data to CCEMRC data repository.

Pilot data on comparative effectiveness outcomes from Hypothalmic Hamartoma surgical intervention. 4/24/2018 – present (J. Ojemann).

Psychosocial impacts on the Ketogenic Diet 7/2/2018 – present (R. Fraser) The impacts of psychosocial factors on successful maintenance of the Ketogenic Diet in pediatric populations

Epileptic encephalopathy with CSWS: a review of current treatment practices. 1/6/2017 – present (J. Lopez/E. Novotny)

E2007-G000-506 Protocol Title: A Retrospective Multicenter Study to Investigate Dosage, Efficacy, and Safety of Fycompa® in Routine Clinical Care of Patients With Epilepsy (Novotny)

Ver 3/2018 7/37

6/2018 to 5/2019 Eisai, Inc

Eisai E2007-G000-506 clinical study. Fycompa in Clinical care of children with epilepsy (**Bozarth/Novotny**) 1/2020 – present Eisai, Inc

Collaborative proposal to accelerate gene discovery in pediatric and adult epilepsy surgery (G. Mirzaa) 1/1/2019 – 12/30/2020 Brotman Baty Institute for Precision medicine catalytic award

CDC Grant- 6 U48DP006398-01-01 "Managing Epilepsy Well 2.0 (MEW) Network - Collaborating Center" (**R. Fraser**) 9/30/2019 – 9/29/2024

PUBLICATIONS:

Journal Articles:

- 1. Seidenwurm D, **Novotny EJ**, Enzmann D, Marshall WM. The Neuroradiological Features of a Neurodegenerative Disorder with Mitochondrial Inheritance. AJNR 1986;7:629-632. PMID: 3088941
- 2. **Novotny EJ**, Singh G, Wallace DC, Dorfman LJ, Louis A, Sogg RL, Steinman L. Leber's Disease and Dystonia: A Mitochondrial Disease. Neurology 1986;36:1053-1060. PMID: 3736869
- 3. **Novotny EJ**, Urich H. The Coincidence of Encephalofacial Angiomatosis and Neurocutaneous Melanosis. Clin Neuropathol 1986;5:246-251. PMID: 3815935
- 4. **Novotny EJ**, Urich H. The Brain in Partial Trisomy 18(18q+). A case report. J Child Neurol 1987;2:1944.
- 5. **Novotny EJ**, Tharp BR, Coen RW, Bejar R, Enzmann D, Vaucher YE. The Significance of Positive Rolandic Sharp Waves in the Electroencephalogram of the Premature Neonate. Neurology 1987;37:1481-1486. PMID: 3306454
- 6. Young RSK, Cowan BE, Petroff OAC, Briggs RW, **Novotny EJ**. The effect of hypoglycemia on brain blood flow and brain energy state during neonatal seizures. Ann N Y Acad Sci 1987;508:494-496.
- 7. Young RSK, Cowan BE, Petroff OAC, **Novotny EJ**, Dunham SL, Briggs RW. In Vivo ³¹P and in Vitro ¹H Nuclear Magnetic Resonance Study of Hypoglycemia during neonatal seizures. Ann Neurol 1987;22:622-628. PMID: 3426168
- 8. Petroff OAC, Young RSK, Cowan BE, **Novotny EJ**. ¹H Nuclear Magnetic Resonance Spectroscopy Study of Neonatal Hypoglycemia. Pediatr Neurol 1988;4:31-4. PMID: 3233106
- 9. **Novotny EJ**. Arthrogryposis Associated with Connatal Pelizaeus-Merzbacher Disease: Case Report. Neuropediatr 1988;19:221-223.
- 10. Young RSK, Chen B, Petroff OAC, Cowan BE, **Novotny EJ**, Gore JC, Wong M, Zuckerman K. The effect of diazepam on neonatal seizure: In vivo ³¹P and ¹H NMR Study. Pediatr Research 1989;25:27-31. PMID: 2919113
- 11. Hanstock CC, Rothman DL, Shulman RG, **Novotny EJ**, Petroff OAC, Prichard JW. Measurement of Ethanol in the human brain using NMR spectroscopy. J of Studies on Alcohol 1990:51;104-107.

Ver 3/2018 8/37

- 12. Petroff OAC, **Novotny EJ**, Ogino T, Avison M, Prichard JW. In Vivo measurements of ethanol concentration in rabbit brain by H-1 magnetic resonance spectroscopy. J of Neurochem 1990:54;1188-1195.
- 13. Avison MJ, Herschkowitz N, **Novotny EJ**, Petroff OAC, Rothman DL, Colombo JP, Bachmann C, Shulman RG, Prichard JW. Proton NMR Observation of phenylalanine and an aromatic metabolite in the rabbit brain in vivo. Ped Research 1990:27;566-570.
- Young RSK, Petroff OAC, Novotny EJ, Wong M. Neonatal excitotoxic brain injury -Physiologic, metabolic, and pathologic findings. Developmental Neurosci 1990:12;210-220. PMID: 2142073
- 15. **Novotny EJ**. Epileptic Syndromes and Seizures in Infants. Seminars in Neurology 1990:10;366-379.
- 16. **Novotny EJ**. Seizures and other Abnormal Behaviors in the Newborn. Resident and Housestaff Physician 1990:36;71-74.
- 17. **Novotny EJ**, Ogino T, Rothman DL, Petroff OAC, Prichard JW, Shulman RG. Direct carbon versus proton heteronuclear editing of 2-¹³C ethanol in rabbit brain in vivo: A sensitivity comparison. Magnetic Resonance in Medicine 1990:16;431-443.
- 18. Prichard JW, Rothman DL, **Novotny EJ**, Petroff OAC, Kuwabara T, Avison M, Howseman A, Hanstock CC, Shulman RG. Lactate Rise Detected by ¹H NMR in Human Visual Cortex During Physiologic Stimulation. Proc Natl Acad Sci USA 1991:88;5829-5831.
- 19. Gruetter R, **Novotny EJ**, Boulware SD, Rothman DL, Mason GF, Shulman GI, Shulman RG, Tamborlane WT. Direct measurement of brain glucose concentrations in humans by ¹³C NMR spectroscopy. Proc Natl Acad Sci USA 1992:89;1109-1112.
- 20. Rothman DL, Hanstock CC, Petroff OAC, **Novotny EJ**, Prichard JW, Shulman RG. Localized ¹H NMR Spectra of Glutamate in the Human Brain. Magnetic Resonance in Medicine 1992:25:94-106.
- 21. Gruetter R, Rothman DL, **Novotny EJ**, Shulman RG. Localized ¹³C NMR Spectroscopy of Myo-Inositol in the Human Brain In Vivo. Magnetic Resonance in Medicine 1992:25;204-210.
- 22. Gruetter R, Rothman DL, **Novotny EJ**, Shulman GI, Prichard JW, Shulman RG. Detection and Assignment of the Glucose Signal in ¹H NMR Difference Spectra of the Human Brain. Magnetic Resonance in Medicine 1992:27,183-188.
- 23. Petroff OAC, **Novotny EJ**, Avison M, Rothman DL, Alger JR, Ogino T, Shulman GI, Prichard JW. Cerebral lactate turnover after electroshock: in vivo measurements by 1H/13C magnetic resonance spectroscopy. J Cereb Blood Flow Metab 1992:12 (6);1022-1029. PMID: 1400641
- 24. Rothman DL, **Novotny EJ**, Shulman GI, Howseman AM, Petroff OAC, Mason G, Nixon T, Hanstock CC, Prichard JW, Shulman RG. ¹H -[¹³C] NMR Measurements of [4- ¹³C]-Glutamate Turnover in Human Brain. Proc Natl Acad Sci USA 1992:89;9603- 9606.
- 25. Rosen CL, **Novotny EJ**, D'Andrea LA, Petty EM. Klippel-Feil Sequence and Sleep Disordered Breathing in Two Children. Amer Rev Resp Dis 1993: 147;202-204.
- 26. Spencer SS, Katz A, Ebersole JE, **Novotny E**, Mattson R. Ictal EEG changes with corpus callosum section. Epilepsia 1993:34;568-573. PMID: 8504788
- 27. Chen W, Novotny EJ, Zhu X-H, Rothman DL, Shulman RG. Localised ¹H NMR

Ver 3/2018 9/37

- Measurement of Glucose Consumption in the Human Brain During Visual Stimulation. Proc Natl Acad Sci USA 1993:90;9896-9900.
- 28. **Novotny EJ.** Neonatal Seizures. Seminars in Perinatology 1993:17;315-356.
- 29. Gruetter R, **Novotny EJ**, Boulware SD, Rothman DL, Mason GF, Shulman GI, Tamborlane WV, Shulman RG. Non-invasive measurements of the cerebral steady-state glucose concentration and transport in humans by 13C nuclear magnetic resonance. Adv in Exp Med & Biol. 1993:331:35-40.
- 30. Shaywitz BA, Anderson GM, **Novotny EJ**, Ebersole JS, Sullivan CM, Gillespie SM. Aspartame Has No Effect on Seizures or Epileptiform Discharges in Epileptic Children. Ann Neurol 1994:35;98-103.
- 31. Gruetter R, **Novotny EJ**, Boulware SD, Mason GF, Rothman DL, Prichard JW, Shulman RG. Localised ¹³C NMR Spectroscopy in the Human Brain of Amino acid labeling from [1-¹³C] Glucose. J Neurochem 1994:63;1377-1385.
- 32. **Novotny EJ**, Avison M, Herschkowitz N, Petroff OAC, Prichard JW, Seashore MR, Rothman DL. In Vivo Measurement of Phenylalanine in Human Brain by Proton Nuclear Magnetic Resonance Spectroscopy. Pediatr Res 1995:37;244-249.
- 33. Mason G, Gruetter R, Rothman DL, Behar KL, Shulman RG, **Novotny EJ**. Simultaneous Determination of the rates of the TCA cycle, glucose utilization, and alphaketoglutarate/glutamate exchange and glutamine synthesis in human brain by NMR. J Cereb Blood Flow Metab 1995:15;12-25. PMID: 7798329
- 34. **Novotny EJ**. Overview The Role of NMR Spectroscopy in Epilepsy. Magnetic Resonance Imaging 1995:13;1171-1173.
- 35. Berg AT, Levy SR, **Novotny EJ**, Shinnar S. Predictors of Intractable Epilepsy in Childhood: A Case-Control Study. Epilepsia 1996:37;24-30.
- 36. Gruetter R, **Novotny EJ**, Boulware SD, Rothman DL, Shulman RG. ¹H NMR Studies of Glucose Transport in the Human Brain. J Cereb Blood Flow Metab 1996:16;427-
- 37. Kang P, Novotny EJ. A two year old girl with acute onset of seizures and progressive encephalopathy. Curr Opin Pediatr. 1997, 9:558-564.
- 38. **Novotny EJ**. The Role of Clinical Neurophysiology in the Management of Epilepsy. J of Clin Neurophysiology 1998 15:96-108.
- 39. Shen JS, **Novotny EJ**, Rothman DL. In vivo lactate and β-hydroxybutyrate editing using a pure phase refocusing pulse train. Magnetic Resonance in Medicine 1998 40:783-788.
- 40. **Novotny E**, S. Ashwal, M. Shevell. Proton NMR Spectroscopy: An Emerging Technology in Pediatric Neurology Research. Pediatr Res 1998, 44:1-10.
- 41. Levy SR, Berg AT, Testa F, **Novotny EJ**, Chiappa K. Comparison of digital and conventional EEG interpretation. J. Clin Neurophysiology 1998 15:476-80
- 42. **Novotny EJ,** Hwang J-H, Rothman DL, Matalon R. Cerebral Amino acids and Metabolites in Amino Acylase II deficiency: Alterations with Dietary Therapy. Molecular and Chemical Neuropathology 1999
- 43. **Novotny EJ**, Hyder F, Shevell M, Rothman D. GABA changes with vigabatrin in the developing human brain Epilepsia 1999 40:462-466. PMID: 10219272
- 44. Shevell MI, Ashwal S, **Novotny E.** Proton magnetic resonance spectroscopy: clinical applications in children with nervous system diseases. Semin Pediatr Neurol 1999 6:68-77.
- 45. Masuoka LK, Anderson AW, Gore JC, McCarthy G, Spencer DD, Novotny EJ

Ver 3/2018 10/37

- Functional magnetic resonance imaging identifies abnormal visual cortical function in patients with occipital lobe epilepsy. Epilepsia 1999 Sep; 40(9):1248-53
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Ver 3/2018 18/37

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Ver 3/2018 19/37

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Ver 3/2018 23/37

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Ver 3/2018 24/37

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Ver 3/2018 26/37

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Ver 3/2018 27/37

- 88. E. Simard-Tremblay, P. Berry, B. Cook, A. Owens, M. Mazzanti, E. Novotny, R. Saneto, HIGH FAT DIET CONTROL OF SEIZURES IN DOOSE SYNDROME. AES 2012
- 89. K. Weaver, J. G. Ojemann, A. Poliakov, N. Kleinhans, G. Pauley, T. Grabowski, E. Novotny, DECREASED REGIONAL HOMOGENEITY, A MEASURE OF LOCAL FUNCTIONAL CONNECTIVITY, IN INTRACTABLE FOCAL EPILEPSY
- 90. S. Poliachik, E. J. Novotny, A. V. Poliakov, G. E. Ishak, S. S. McDaniel, E. Simard-Tremblay, J. Kuratani, R. Saneto, J. Ojemann, ENHANCED MULTIMODAL IMAGING ASSESSMENT FOR EPILEPSY.
- 91. R. Gross, J. Willie, S. Helmers, A. Mehta, C. Harden, D. Couture, G. Popli, A. Sharan, M. Sperling, R. Marsh, G. Worrell, G. Cascino, M. Weinand, D. Labiner, S. Danish, S. Wong, R. Wharen, J. Shih, D. Curry, A. Wilfong, J. Ojemann, E. Novotny, N. Tandon, STEREOTACTIC LASER AMYGDALOHIPPOCAMPOTOMY FOR MESIAL TEMPORAL LOBE EPILEPSY: RESULTS OF MULTICENTER EXPERIENCE AT 6 MONTHS AND 1 YEAR. AES 2013.
- 92. Hillary Shurtleff, Jason Nixon, Molly Warner, Andrew Poliakov, Dennis Shaw, Edward Novotny and Jeffrey Ojemann. FMRI MESIAL TEMPORAL ACTIVATION PARADIGM FOR CHILDREN WITH EPILEPSY. AES 2014
- 93. Andrew Poliakov, **Edward Novotny**, Sandra Poliachik, Seth Friedman, Gisele Ishak, Jason Nixon, Dennis Shaw and Jeff Ojemann. VOXEL-MIRRORED HOMOTOPIC CONNECTIVITY ANALYSIS OF PEDIATRIC EPILEPSY PATIENTS WITH MESIAL TEMPORAL SCLEROSIS
- 94. Sandra Poliachik, Robert Hevner, **Edward Novotny**, Andrew Poliakov, Gisele Ishak, Hedieh Eslamy, John Kuratani, Russell Saneto and Jeff Ojemann. VOLUME RENDERINGS OF INTRAOPERATIVE ELECTROCORTICOGRAPHY IN EPILEPSY. AES 2014
- 95. Renee Shellhaas, William D. Gaillard, Tobias Loddenkemper, Anup Patel, Joseph Sullivan, Cynthia Keator, Kelly G. Knupp, Catherine Chu, Zachary Grinspan, Adam Hartman, Courtney Wusthoff, Jason Coryell, Elaine Wirrell, **Edward Novotny**, Ignacio Valencia, Nicole Ryan, Douglas R. Nordli, Carol Camfield, Peter Camfield, Anne Berg. Initial treatment for children <3 years with new-onset epilepsy has changed dramatically from 1977-2015 but remains largely empirical. AES 2015
- 96. Xiuhua L. Bozarth, Ghayda Mirzaa, Heather Mefford, James Bennettt, Fuki Hisama, William Dobyns, Karen Tsuchiya, Edward Novotny. EPIPX gene panel for epileptic encephalopathy. AES 2015
- 97. Anne T. Berg, Samya Chakravorty, Sookyong Koh, ... Edward J. Novotny, Courtney Wusthoff, Eric Kossoff, Joseph Sullivan, Cynthia Keator. Why West? Comparison of age and etiologic factors in infants who do and do not develop spasms. AES 2017
- 98. Thomas J. Foutz, Elisabeth Simard-Tremblay, Felix Darvas, Jeffrey G. Ojemann, Edward J. Novotny. Functional Mapping with Surface High-Gamma Frequency EEG in Pediatric Patients. AES 2017
- 99. Zachary Grinspan, ... Edward J. Novotny, John J. Millichap, and Anne T. Berg. Superior Effectiveness of Levetiracetam over Phenobarbital for Infantile Nonsyndromic Epilepsy: A Prospective Multi-Center Observational Study AES 2018
- 100. Jason Lockrow; Kimberly Foss, Ghayda Mirzaa, Edward J. Novotny, Christopher Beatty. Optimizing Genetic Testing in Epilepsy: The Utility of a Multidisciplinary Epilepsy

Ver 3/2018 28/37

Edward J. Novotny, Jr.

- Genetics Clinic AES 2018
- 101. Lindsey Morgan Christopher Beatty Leslie Dervan, Lorie Hamiwka, Jennifer Hrachovec,; and Edward J. Novotny. Clinical Standard Work in the Treatment of Pediatric Status Epilepticus AES 2018

Ver 3/2018 29/37

Invited Lectures:

- 1. Genetic Control of Mitochondrial Function in Human Disease -- Presented at the Child Neurology Society Meeting in Memphis, TN on October 11, 1985.
- 2. Normal Development of the Human Electroencephalogram -- Presented at the annual meeting of the Western Society of EEG Technologists on November 7, 1985.
- 3. NIMH, Investigation of Cerebral Metabolism with NMR Spectroscopy. Oct, 1991
- 4. Society of Pediatric Research / American Pediatric Society -- Featured Speaker Presentation Metabolism and Diabetes May, 4, 1992.
- 5. Houston Epilepsy Association Functional Imaging in the Evaluation of Epilepsy May 16, 1992.
- 2. Boston Children's Hospital Cerebral amino acid turnover studied by NMR spectroscopy March 1993.
- 3. Montreal Neurological Institute Killiam Lecture 12/14/93
- 4. Montreal Children's Hospital Applications of Multinuclear magnetic resonance spectroscopy to investigations of cerebral metabolism 12/14/93
- 5. American EEG Society Annual Meeting Moderator Quest for the Source: Multidisciplinary Approaches to Functional Imaging Chicago, IL 9/20/94.
- 6. International Society for Neurochemistry Kyoto, Japan 7/7/95
- 7. International Symposium on Neonatal Hypoglycemia Kobe, Japan 11/18/95.
- 8. Will Foundation Conference on Glucose Transporter Deficiency 11/8-9/96.
- 9. United Leukodystrophy Foundation Scientific Session 7/11/97.
- 10. ADA Symposium on Hypoglycemia Albuquerque, NM 9/21/97.
- 11. International Symposium on Hypoglycemia in Infancy and Childhood London, England 11/14/97.
- 12. Child Neurology Society Symposium on Non-invasive Neuroimaging Montreal, Canada 10/23/98.
- 13. Symposium on Genetic Insights in Paediatric Endocrinology & Metabolism Cambridge, England. 12/13-15/1998.
- 14. American Epilepsy Society Brain Imaging Techniques in Children with Epilepsy Orlando, FL. 12/3/99.
- 15. NIH workshop NINDS NIRS as a Cerebral Function Monitor in the neonate. Washington, DC. 5/5/1999.
- 16. NIH workshop NIAAA Ketone bodies as therapy for brain disorders Washington, DC. 5/5/2000.
- 17. International Conference on Developmental Cerebral Blood Flow and Metabolism, Hershey, PA. 6/8 –6/11/2000.
- 18. NIH workshop NIDDK/JDF Hypoglycemia and the Brain. Washington, DC. 9/7/2000. http://www.jdrf.org/research/workshop090800.pdf.
- 19. Second International Conference on Neuroimaging in Epilepsy, Birmingham, AL. 10/2000.
- 20. 17th International Diabetes Federation Congress Mexico City, Mexico 11/5 –10/2000.
- 21. THIRTY-FOURTH ANNUAL WINTER CONFERENCE ON BRAIN RESEARCH, Steamboat Springs, CO. January 20-27, 2001

Ver 3/2018 30/37

- 22. Ketogenic diet Workshop Pediatric Epilepsy Research Center Seattle WA Feb 2001
- 23. New England Regional Genetics Group, November 27, 2001, New Hampshire. Neurological manifestation of Mitochondrial Disorders
- 24. 3rd Annual Rett Syndrome Symposium, Baltimore MD June 17-19, 2002. Magnetic Resonance Spectroscopy of neurotransmitters in the developing nervous system.
- 25. Pediatric Epilepsy Advances- Cleveland Clinic Foundation, "MRS in Pediatric Epilepsy", May 2002, Cleveland, OH.
- 26. Developmental Brain Metabolism by C13 MRS C13 NMR Society of Japan Tokyo University, Tokyo, Japan 11/15/2002
- 27. MRS in Pediatric Neurological Disorders National Center of Neurology and Psychiatry, Tokyo, Japan, 11/17/2002
- 28. Advances in Pediatric Epileptology Dokkyo University, Tochigi, Japan, 11/19/2002
- 29. MRS in Pediatric Neurological Disorders Japanese Child Neurology Society Osaka, Japan, 11/21/2002
- 30. Neuroimaging Insights on Normal Development and Neurologic Disease: Principles and Applications "MR Spectroscopy" Symposium IV 31st Annual Meeting of the Child Neurology Society Washington DC, 10/10/2002
- 31. Developmental Neuroimaging Neurology Grand Rounds Children's Hospital of Boston/Longwood Neurology Boston, MA, 12/11/2002
- 32. Developmental Neuroimaging Neurology Grand Rounds UTSW Medical Center Dallas, TX 4/9/2003
- 33. Developmental Neuroimaging Pediatric Grand Rounds Mt. Sinai New York, NY 11/2003
- 34. Developmental Neuroimaging Dartmouth Hitchcock Neurology Grand rounds 4/9/2004
- 35. Unfocusing in on Epilepsy Dartmouth Hitchcock Neurology Grand rounds 5/2005
- 36. Translating Autism Spectrum Disorders: Bench to Bedside and Beyond "Childhood Epilepsy in Autistic Spectrum Disorders"; Fairfield University, 6/12/2006
- 37. Epilepsy Surgery in Childhood Mitra Hospital, Athens, Greece 11/18/2006
- 38. Pediatric Grand Rounds -Cornell –Weill School of medicine "Epilepsy Surgery in Childhood"- New York, NY- November 21, 2006
- 39. Neurology and Neuroscience Grand Rounds Weill Cornell School of Medicine New York, NY "Shifting the Focus on Epilepsy" November 22, 2006
- 40. Epilepsy and Clinical Neurophysiology Rounds Massachusetts General Hospital, Boston, MA November 30th, 2007.
- 41. Neuroimaging in Pediatric Epilepsy University of California San Diego, Pediatric Grand Rounds. February 29th, 2008.
- 42. Epilepsy Syndromes– University of Washington, Neurology Grand Rounds, 08/04/2011.
- 43. Molecular Diagnostic Studies of Epilepsy: Impact on Clinical Management University of Washington, Neurology Grand Rounds, 1/10/2013.
- 44. 6th International Epilepsy Colloquim- Corticography in Pediatric Tumors –How can it Help?. Cleveland Clinic, 5/23/2013.
- 45. **Neuroscience Grand Rounds, University of British Columbia, Neurology, "Six** Degrees of Separation in Epilepsy", October 9, 2013.
- 46. **British Columbia Epilepsy Symposium.** Neuroimaging in Epilepsy, November 1,

Ver 3/2018 31/37

- 2014. Vancouver, British Columbia.
- 47. **International Society for Magnetic Resonance in Medicine,** 23rd Annual Meeting. NEURO 2 Educational course. "Pediatric Epilepsy: What the Clinician Wants". May 31, 2015. Toronto, Canada.
- 48. **Peking University International Pediatric Epilepsy Forum 2016**. "Neuroimaging in Pediatric Epilepsy". April 2- 3, 2016
- 49. Pediatric Grand Rounds, Seattle Children's Hospital/ UW Dept of Pediatrics. "Pediatric Epilepsy: Five New Things" August 24, 2017. Seattle, WA.
- 50. University of California, San Diego Neurosciences Grand Rounds. "<u>A Mosaic of Genes, Neuroimaging and Epilepsy Surgery</u>" September 29, 2017. La Jolla, CA.
- 51. Florida Hospital for Children, Pediatric Grand Rounds. "Pediatric Epilepsy Neuroimaging". October 18, 2017. Orlando, FL
- 52. Behavioral Aspects of Neurological Disorders 2018; "Pediatric Aspects of Mood Disorders and NES", February 8, 2018 Sun Valley Resort, Sun Valley, Idaho

Ver 3/2018 32/37

TRAINEES

Undergraduate -

Claire Knodell - Yale 2009 Scholars of Technology and Research (STARS) program, "Neuroimaging Advancements in the Field of Epilepsy for Surgical Candidates with Partial or Focal Epilepsy"

Medical Student - Thesis Advisor

Ref Type: Thesis/Dissertation

Ref ID : 3414

Title : Processing strategies for functional magnetic resonance imaging of the visual system in

occipital lobe epilepsy

Authors : *Epstein, Richard William*;

Pub Date: 1996

Notes: by Richard William Epstein.

Thesis (M.D.) - Yale University, 1996.

FELLOWS:

Clinical Neurophysiology/Epilepsy Fellows as Director of Pediatric Epilepsy at Yale

Hal Blumenfeld MD, PhD Columbia University 1997-1999
Postdoctoral Fellow, Epilepsy

Cerebral blood flow imaging in subcortical brain regions with seizures Assistant Professor, Neurology and Neurobiology – Yale University

Christopher Bradley M.D., Ph.D. 2002-2004

Postdoctoral Fellow, Epilepsy

Private Practice, Neurology, PA

Michael Chen MD 2003-2004

Postdoctoral Fellow, Clinical Neurophysiology

Clinical neurophysiology of peripheral nerve disorders Assistant Professor, Neurology Rush Medical Center

Kamil Detniecki, MD University of Warsaw 2007-2009

Postdoctoral Fellow, Epilepsy Instructor in Neurology, Yale University

Ver 3/2018 33/37

Evan Fertig MD UMDNJ-New Jersey Med Sch 2003-2005

Postdoctoral Fellow, Epilepsy

Genetics of localization-related epilepsies

Private Practice, Northeast Regional Epilepsy Group

Jonathan Goldstein MD Brown University 1992-1994

Postdoctoral Fellow, Clinical Neurophysiology

Clinical neurophysiology of peripheral nerve disorders

Associate Professor, Neurology - Yale University, Director Clinical Neurophysiology Laboratory

Hamada Hamid DO, MPH Michigan State University 2006-2008

Postdoctoral Fellow, Epilepsy

Diffusion Tensor Imaging in temporal lobe epilepsy Assistant Professor, Neurology – Yale University

Anjum Hashim MD UMDNJ Med School 2005-2006

Postdoctoral Fellow, Epilepsy

Assistant Professor Neurology, UMDNJ

Heidi Henninger MD University of California, San Francisco 1998-2000

Postdoctoral Fellow, Epilepsy

Mechanisms of cerebral GABA abnormalities in human epilepsy

Neurology Practice, Portland ME

Stephen Holloway MD Northwestern University 1994-1996

Postdoctoral Fellow, Clinical Neurophysiology

Localization of slow wave potentials in human neurological disorders

Assistant Professor, Neurology – University of Minnesota

Omotola Hope MD Univ of Pennsylvania Sch of Med 2003-2004

Postdoctoral Fellow, Epilepsy

Assistant Professor Neurology, Univ of Texas, Houston

Linda Huh MD University of Toronto 2005-2007

Postdoctoral Fellow, Epilepsy

Assistant Professor Neurology and Pediatrics, BC Children's Hospital Vancouver, BC

Ami Katz MD Tel Aviv University 1990-1992

Postdoctoral Fellow, Epilepsy

Neuroimaging in temporal lobe epilepsy

Private Practice, Neurology, CT

Howard L. Kim MD Northwestern University School of Medicine 1990-1992

Postdoctoral Fellow, Epilepsy

Associate Clinical Professor, University of California, Irvine

Ver 3/2018 34/37

Ewa Koziorynska MD Pomorska Akad Med 2002-2004

Postdoctoral Fellow, Epilepsy

Assistant Professor, Neurology – SUNY

David Marks MD University of Cape Town 1989 – 1991

Postdoctoral Fellow, Epilepsy

Clinical neurophysiology and functional imaging in extratemporal epilepsy

Assistant Professor of Neurology, UMDNJ

Lorianne Masuoka MD University of California, Davis 1993- 1995

Postdoctoral Fellow, Epilepsy

Functional neuroimaging in occipital lobe epilepsy

Assistant Director of Clinical Neuroscience Research, Berlex Laboratories

Stephen Novella MD Georgetown University 1995-1996

Postdoctoral Fellow, Clinical Neurophysiology

Clinical neurophysiological evaluation of Diabetes Assistant Professor, Neurology – Yale University

Dang Nguyen MD Montreal University 1999-2001

Postdoctoral Fellow, Epilepsy

Levetiracetam in adult and pediatric epilepsy

Hypothalamic hamartomas

Assistant Professor of Neurology, Montreal

Steve Pacia MD Medical College of Wisc 1991-1992

Postdoctoral Fellow, Epilepsy

Clinical Neurophysiology of temporal lobe epilepsy

Assistant Professor of Neurology, NYU

Jose Padin-Rosado MD Universidad Central del Caribe School of Medicine 2007-2009

Postdoctoral Fellow, Epilepsy

Clinical Neurophysiology of extratemporal epilepsy

Assistant Professor of Neurology, University of New Mexico

A. Lebron Paige MD University of Miami School of Medicine 2002-2004

Postdoctoral Fellow, Epilepsy

Cerebral blood flow imaging in epilepsy by SPECT Associate Professor, Neurology - University of Iowa

Susanne Patrick-Mackinnon MD 1994-1995

Postdoctoral Fellow, Clinical Neurophysiology

Huned Patwa MD New York University 1996-1997

Postdoctoral Fellow, Clinical Neurophysiology

Clinical neurophysiology of neuromuscular diseases Assistant Professor, Neurology – Yale University

Ver 3/2018 35/37

Edward J. Novotny, Jr.

Christopher Ransom MD, PhD University of Alabama 2007-2010

Postdoctoral Fellow, Epilepsy

Assistant Professor, Neurology – University of Washington

Gautami Rao MD 2004-2006

Postdoctoral Fellow, Epilepsy

Private Practice, Westchester, NY

Sanjay P. Singh MD Georgetown University 1999-2001

Postdoctoral Fellow, Epilepsy

Professor of Neurology, Chairman, Creighton University

David Tinklepaugh M.D. 2002-2003

Postdoctoral Fellow, Clinical Neurophysiology

Clinical neurophysiology of peripheral nerve disorders

Private Practice Neurology, Norwich, CT

David Tkeshelashvili MD Tbilisi State Medical School 1999-2000

Postdoctoral Fellow, Epilepsy

Intraoperative monitoring in human epilepsy

1998-1999

Postdoctoral Fellow, Clinical Neurophysiology

Dipole localization of the human epileptic focus

Private practice, Waterbury, CT

James Thompson, MD Medical College of Georgia 1997-1999

Postdoctoral Fellow, Epilepsy

Dipole localization of the human temporal lobe focus

Neurology Practice, Norwalk, CT

Hajime Tokuno, MD George Washington University 1997-1998

Postdoctoral Fellow, Clinical Neurophysiology

Neuroimaging in stroke

Associate research scientist, Neurology – Yale University

Megdad Zaatreh, MD 1999-2001

Postdoctoral Fellow, Epilepsy

Frontal Lobe epilepsy

Private Practice, Northeast Regional Epilepsy Group

Ver 3/2018 36/37

2013-2014

Director of Epilepsy Program, Seattle Children's Hospital, University of Washington

Carter Wray, MD 2009-2011

Postdoctoral Fellow, Epilepsy

Assistant Professor, Oregon Health Sciences Univ.

Sharon McDaniel, MD Washington University School of Medicine, St. Louis, Missouri. 2010 - 2012

Postdoctoral Fellow, Clinical Neurophysiology and Epilepsy
Head Pediatric Epilepsy, Kaiser Foundation Redwood City, CA

Elizabeth Simard-Tremblay, MD University of Sherbrooke, Sherbrooke, Quebec, Canada 2011-2013
Postdoctoral Fellow, Clinical Neurophysiology and Epilepsy Pediatric Epilepsy, Montreal Children's Hospital

Seema Afridi, MD Southern Illinois University – School of Medicine 2012-2013
Postdoctoral Fellow, Clinical Neurophysiology
Private Practice, Bellingham, WA

Juan Piantino, MD University of Buenos Aires, School of Medicine

201
Postdoctoral Fellow, Epilepsy

Pediatric Neurology, OHSU, Portland, OR

Chris Beatty, MD Case Western Reserve University
2014-2016
Postdoctoral Fellow, Clinical Neurophysiology and Epilepsy
Pediatric Epilepsy, Charlotte, North Carolina

Stephanie (Carapetian) Randle, MD Rosalind Franklin University 2015-2016
Postdoctoral Fellow, Clinical Neurophysiology
Pediatric Neurology, Seattle Children's Hospital/University of Washington

Jason Lockrow, MD, PhD Medical University of South Carolina 2016-2018
Postdoctoral Fellow, Clinical Neurophysiology and Epilepsy Pediatric Neurology, Seattle Children's Hospital/University of Washington

Ver 3/2018 37/37



Vagal nerve stimulation for epilepsy and depression

Emily Transue, MD, MHA Associate Medical Director Health Care Authority Friday, May 15, 2020

> Washington State Health Care Authority

Background

- The vagal nerve (10th cranial nerve) is the longest autonomic nerve and interfaces with parasympathetic control of the heart, lungs, and GI tract
- Vagal nerve stimulation (VNS) has been studied for treatment of epilepsy and depression; it has also been considered for treatment of fibromyalgia and migraines
- The nerve can be stimulated via a transmitter implanted below the clavicle and electrodes wrapped around the left vagal nerve at the carotid sheath
- Transcutaneous stimulation at the ear (tVNS) has also been studied
- Mechanism of action of VNS is poorly understood but is presumed to involve neuromodulatory effects

HTCC VNS History

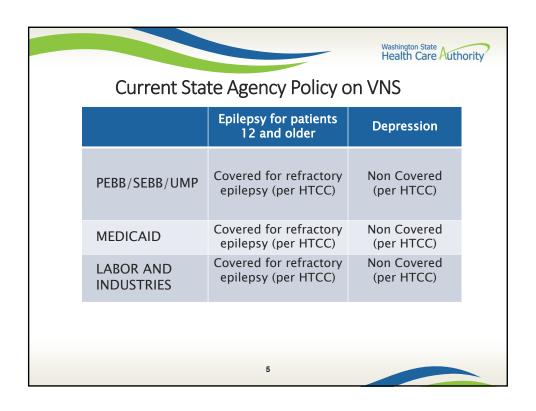
- VNS for epilepsy and depression was evaluated by the Washington Health Technology Clinical Committee in 2009
 - Covered for management of epileptic seizures in patients twelve years of age or older that have a medically refractory seizure disorder
 - Non-covered for management of depression
- Updated literature search in 2013 did not show new evidence indicating a need for re-review
- In 2017, the FDA lowered the age for coverage of VNS for epilepsy from 12 to 4
- The 2009 HTCC review did not address children under 12; need for a policy around children age 4-12 led to requests for a re-review by HTCC

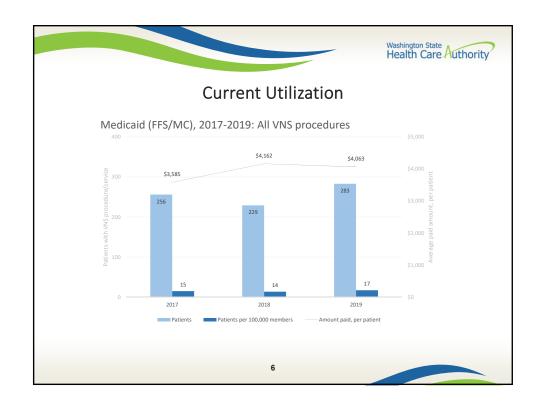
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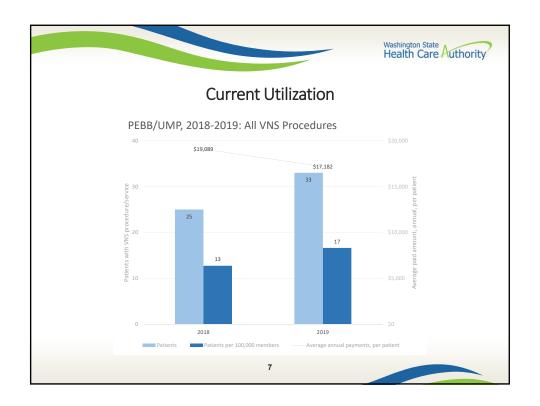
Washington State Health Care Authority

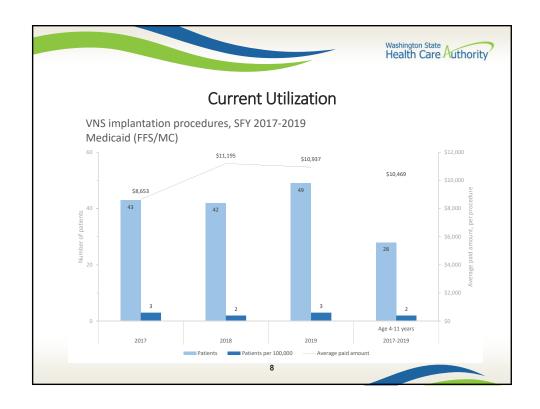
Policy question

- Should Vagal Nerve Stimulation (VNS) be covered for epilepsy, and if so, under which conditions?
 - Included in this question: Should the existing age limitations from the 2009 HTCC decision be maintained or removed?
- Should Vagal Nerve Stimulation (VNS) be covered for depression, and if so, under which conditions?
- Should transcutaneous Vagal Nerve Stimulation (tVNS) be covered, and if so, under which conditions?











Costs: Implementation and subsequent years

Table. 3-year encounters and paid amounts, all VNS procedures among members that received a VNS implant in SFY 2017

Medicaid Year (SFY)	(FFS and MC) Patients	Encounters		Avg. paid amount, per patient
2017	43	230	\$418,384	\$9,730
2018	3 26	72	\$10,910	\$420
2019	18	38	\$3,288	\$183

Data note: Paid amount includes all professional and ancillary fees associated with the VNS-related procedure code.

9

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Coverage comparisons

- Medicare: National Coverage Decision
 - VNS is reasonable and necessary for patients with medically refractory partial onset seizures for whom surgery is not recommended or for whom surgery has failed
 - VNS is not reasonable and necessary for all other types of seizure disorders which are medically refractory and for whom surgery is not recommended or for whom surgery has failed
 - Depression: Covered only in the setting of a clinical trial
- No Local Coverage Decision

Coverage comparisons: Aetna

- VNS medically necessary for:
 - Members with focal seizures who remain refractory to optimal antiepileptic medications and/or surgical intervention, or who have debilitating side effects from antiepileptic medications, and who have no history of a bilateral or left cervical vagotomy
 - Members with Lennox-Gastaut syndrome who remain refractory to optimal antiepileptic medications, and/or surgical intervention, or who have debilitating side effects from antiepileptic medications, and who have no history of a bilateral or left cervical vagotomy
- tVNS experimental/investigational for epilepsy
- VNS and tVNS experimental/investigational for depression

11

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Coverage comparisons: Regence

- VNS is medically necessary for members with medically refractory seizures who have tried and been unresponsive to, or intolerant of, at least 2 anti-epileptic drugs (AEDs).
- Regence considers the use of VNS for all other indications including depression, and the use of tVNS, as investigational

Coverage comparisons: Cigna

- VNS is medically necessary for the treatment of medically intractable seizures when there is failure, contraindication or intolerance to all suitable medical and pharmacological management
- VNS is experimental, investigational, or unproven for any other indication including, but not limited to, refractory depression
- tVNS is experimental, investigational, or unproven for any indication

13

Washington State Health Care Authority

Guidelines: VNS for Epilepsy

National Institute for Health and Care Excellence (NICE), 2012 VNS is indicated for adults, children and young people with epilepsy who are **refractory to medication but unsuitable for surgery**. This applies to those with **focal or generalized** seizures. (Good quality.)

Scottish Intercollegiate Guidelines Network (SIGN), 2015

Vagus nerve stimulation may be considered in adult patients with epilepsy who are **medically refractory** and who have been found to be **unsuitable for resective surgery**. (Good quality.)

Task Force Report for the Int'l League Against Epilepsy Commission of Pediatrics, 2015: Infantile Epilepsy

Infants with medically refractory seizures who are not suitable candidates for epilepsy surgery **may be considered** for VNS (expert opinion and standard practice; optimal level care at tertiary/quaternary facilities) (Fair quality.)

Guidelines: VNS for Depression

Working Group of the Clinical Practice Guideline on the Management of Depression in Adults, 2014 (Spain)

The use of VNS outside the scope of research is **discouraged** due to the invasive nature of the procedure, uncertainty about its efficacy and adverse effects. (Good quality)

Canadian Network for Mood and Anxiety Treatments, 2016

VNS recommended as **third-line treatment**, after first-line treatment of repetitive transcranial magnetic stimulation and electroconvulsive therapy as second-line treatment for adults with major depressive disorder. (Fair quality)

Department of Veterans Affairs, Dep't of Defense, 2016

We **recommend against** offering VNS for patients with major depressive disorder, including patients with severe treatment-resistant depression, outside of a research setting. (Fair quality)

15

Agency Medical Director Concerns

Safety = High
Efficacy = High
Cost = High

Key Questions: Epilepsy

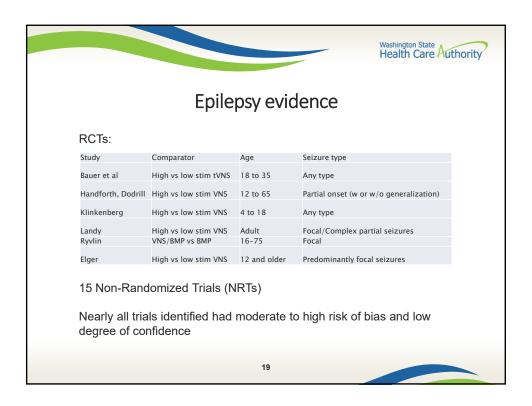
- 1. What is the evidence on the efficacy and effectiveness of VNS1 in adults and children with epilepsy?
- 2. What direct harms are associated with VNS in adults and children with epilepsy?
- 3. Do important efficacy/effectiveness outcomes or direct harms of VNS in adults and children with epilepsy vary by:
 - a. Patient characteristics (e.g., age, time since diagnosis)
 - b. Type of seizure
 - c. Duration of treatment
 - d. Intensity of treatment
- 4. What are the cost-effectiveness and other economic outcomes of VNS in adults and children with epilepsy?

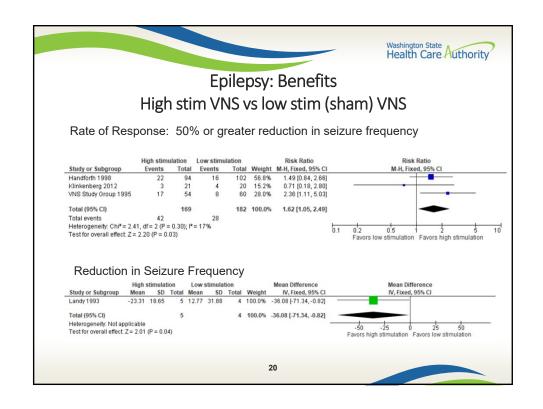
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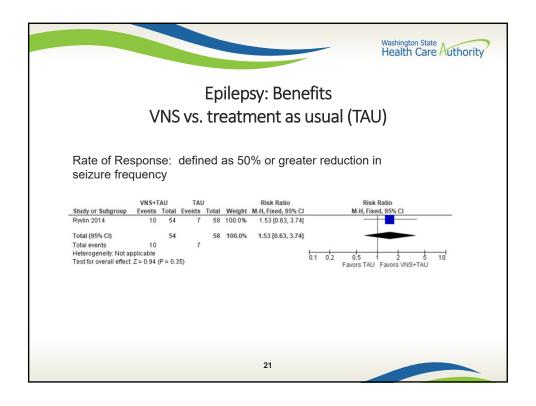


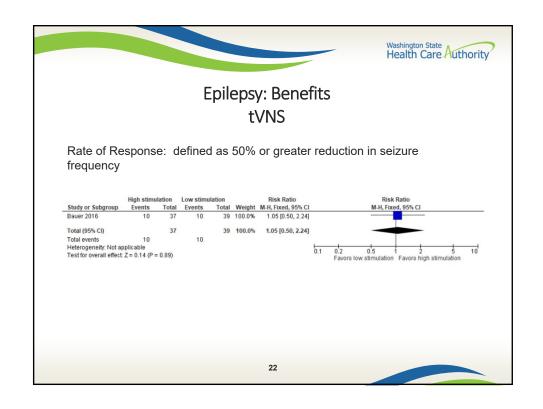
Key Questions: Depression

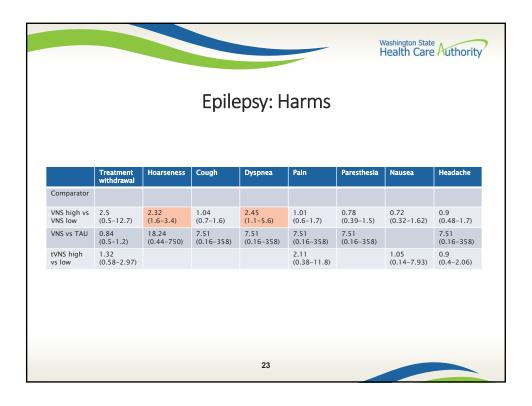
- 1. What is the evidence on the efficacy and effectiveness of VNS in adults with TRD?
- 2. What direct harms are associated with VNS in adults with TRD?
- 3. Do important efficacy/effectiveness outcomes or direct harms of VNS in adults with TRD vary by:
 - a. Patient characteristics (e.g., age)
 - b. Duration or type of depression (e.g., unipolar vs. bipolar)
 - c. Duration of treatment
 - d. Intensity of treatment
- 4. What are the cost-effectiveness and other economic outcomes of VNS in adults with TRD?







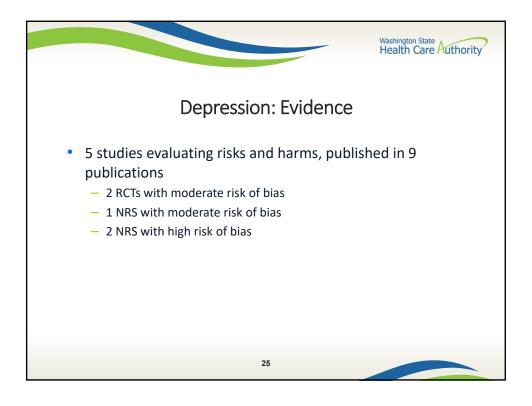


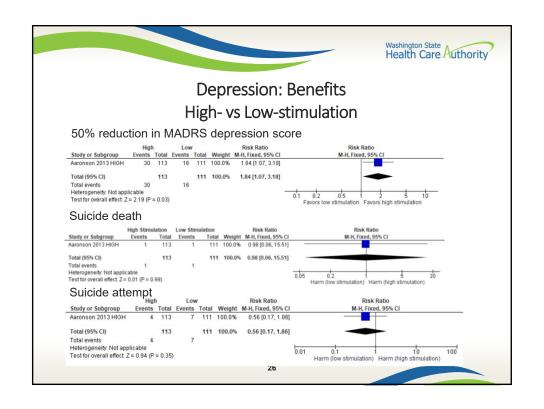


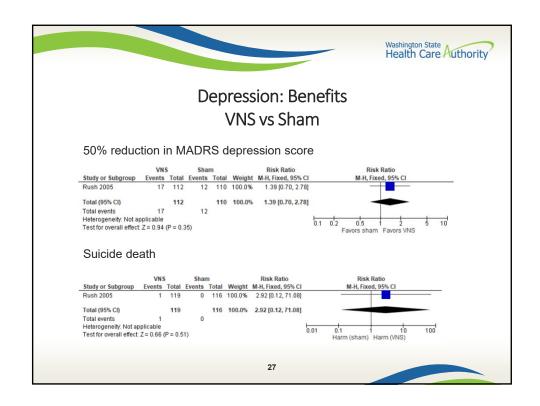
Epilepsy: Additional policy question

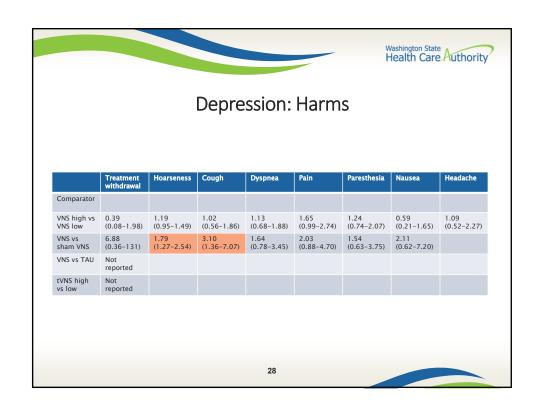
- Definitions of "medically refractory" vary between different studies and guidelines
- Adequate therapeutic trial of 2-4 drugs typical
- · Likelihood of response diminishes with each add'l drug
- International League Against Epilepsy (ILAE) task force: "failure
 of adequate trials of two tolerated, appropriately chosen and
 administered antiseizure drugs (monotherapy or combination)
 to achieve seizure freedom"
- However, a follow up study* noted that particularly in children, 23-25% of those classified as intractable by this ILAE standard would achieve sustained response with additional medication; suggested threshold of 3 rather than 2 med trials

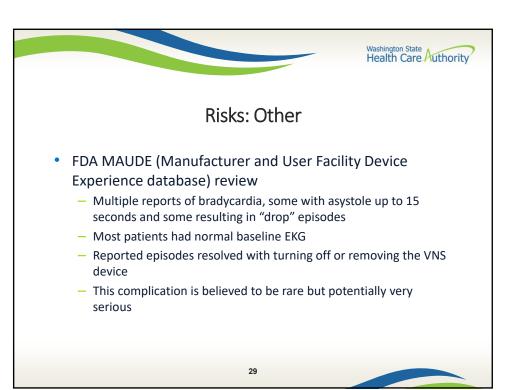
*Ramos-Lizana et al, Seizure 21(4), May 2012.











Differential impact by patient characteristics

No major distinctions by patient subgroups for either depression or epilepsy



Cost effectiveness

- VNS for epilepsy: very limited data
 - In children with tuberous sclerosis who had failed 2 meds, VNS had a 5 year cost of \$50,742 for 3.89 QALYs (\$13K/QALY); under willingness to pay threshold but less cost effective than additional meds or ketogenic diet (Fallah et al)
 - Estimate for children age 12 and older with drug-resistant partialonset seizures: 5 year net cost savings of \$77,480 per patient
 (21.5% of costs) relative to medication alone. Seizure related
 hospitalization was the main cost driver. VNS placement costs
 offset 1.7 years after placement.

31

Washington State Health Care Authority

Cost effectiveness

- VNS for depression:
 - No data
- tVNS for depression or epilepsy:
 - No data



AGENCY MEDICAL DIRECTOR GROUP Recommendation: Vagal Nerve Stimulation for Epilepsy

- · Covered with conditions
- VNS for epilepsy is medically necessary when all of the following are met:
 - Seizure disorder is refractory to medical treatment, defined as at least 3 adequate trials of anti-epileptic medication
 - Surgical treatment is not recommended or has failed

33



AGENCY MEDICAL DIRECTOR GROUP Recommendation: Vagal Nerve Stimulation for Depression

- Vagal Nerve Stimulation for Depression is not covered
- Rationale:
 - Compelling evidence for the effectiveness and safety of this approach is lacking
 - Multiple other effective modalities for management of treatment resistant depression exist and are covered
 - Re-review may be indicated once the results of the large clinical trial finishing in 2022 become available



AGENCY MEDICAL DIRECTOR GROUP Recommendation: Transcutaneous Vagal Nerve Stimulation

tVNS is not covered

35

Washington State
Health Care Authority

Questions?

More Information:

HTA topic webpage

Emily Transue, MD, MHA Associate Medical Director Health Care Authority

shtap@hca.wa.gov

Tel: 360-725-5126



Order of scheduled presentations:

Vagal nerve stimulation for epilepsy and depression

	Name	
	Gwinn Ryder, MD,	Center for Neurologic Restoration, Swedish Neuroscience Institute
	Cathy Hill	American Association of Neurological Surgeons/ Congress of
1		Neurological Surgeons, American Society for Stereotactic and
		Functional Neurosurgery
		Washington State Association of Neurological Surgeons
2	Rebecca M. Allen, MD	, MPH
2	Joshua Bess, MD	Washington State Psychiatric Association
3	David L. Dunner, MD	Director, Center for Anxiety and Depression
	Lorenzo Dicarlo, MD	
4	Scott Aaronson, MD	
	Charles Conway, MD	LivaNova

Disclosure

Any unmarked topic will be considered a "Yes"

	Potential Conflict Type	Yes	No
1.	Salary or payments such as consulting fees or honoraria in excess of \$10,000.		Χ
2.	Equity interests such as stocks, stock options or other ownership interests.		Χ
3.	Status or position as an officer, board member, trustee, owner.		Χ
4.	Loan or intellectual property rights.		Χ
5.	Research funding.		Х
6.	Any other relationship, including travel arrangements.		X

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Potential Conflict Type	Yes	No
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Disclosure

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4.	Loan or intellectual property rights.		
5.	Research funding.		
6.	Any other relationship, including travel arrangements.		

If yes, list name of organizations that relationship(s) are with and for #6, describe other relationship:				

	Potential Conflict Type	Yes	No
7.	Representation: if representing a person or organization, include the name and funding sources (e.g. member dues, governmental/taxes, commercial products or services, grants from industry or government).	Х	

I am employed by the American Association of Neu	urological Surgeons and the Congress of Neurological Surgeons Washington
Office as the Senior Manager for Regulatory Affairs	s. I do not receive any compensation from any manufacturers.

If you believe that you do not have a conflict, but are concerned that it may appear that you do, you may **attach additional sheets** explaining why you believe that you should not be excluded.

I certify that I have read and understand this Conflict of Interest form and that the information I have provided is true, complete, and correct as of this date.

X Signature	Date	Catherine J. Hill Print Name

So we may contact you regarding your presentation, please provide the following:

Email Address: chill@neurosurgery.org

Phone Number: 202-446-2026









Washington State Healthcare Authority Health Technology Assessment Program

Re-review of Vagus Nerve Stimulation (VNS) for Epilepsy and Depression

Ryder Gwinn, MD

Interim Executive Medical Director, Swedish Neuroscience Institute

Medical Director, Center for Neurologic Restoration

Swedish Neuroscience Institute

550 17th Ave. Suite 540

Seattle, WA 98122



Vagal Nerve Stimulation for Epilepsy and Depression: Final Evidence Report

Depression

We found 5 studies, reported in 9 publications, which evaluated the benefits and harms of VNS for depression.

- High- vs. Low-Stimulation VNS
 - High-stimulation VNS had higher rates of response, defined as 50% MADRS reduction, compared with low-stimulation VNS (low-quality evidence, based on 1 RCT), but was not associated with reduced depression severity (low-quality evidence, based on 1 RCT) or lower rates of suicide or attempted suicide (very-low-quality evidence, based on 1 RCT).
 - High-stimulation and low-stimulation VNS had similar number of withdrawals, rates of voice alteration or hoarseness, cough, dyspnea, pain, nausea, and headache (very-low- to low- quality evidence, based on 1 RCT).
- VNS vs. Sham VNS
 - Compared with sham VNS, VNS was not associated with reduced depression severity (moderate-quality evidence, based on 1 RCT), or with lower rates of suicides (very-low- quality evidence, based on 1 RCT). VNS and sham VNS also had similar rates of response, defined as 50% MADRS reduction (very-low-quality evidence, based on 1 RCT).
 - VNS, when compared with sham VNS, has higher levels of voice alteration or hoarseness and cough (moderate-quality evidence, based on 1 RCT), but similar number of withdrawals, dyspnea, pain, paresthesias, and nausea (very-low-to low-quality evidence, based on 1 RCT).
- VNS vs. Treatment as Usual
 - VNS with TAU was more effective in reducing depression symptoms and had higher response rates than TAU alone
 (very-low-quality evidence, based on 1 NRS), but may be associated with higher rates of attempted suicide or selfinflicted injury, but the evidence is very uncertain and may reflect greater severity of depression (very-low-quality
 evidence, based on 1 NRS). VNS may be associated with lower mortality rates, but study results are not consistent
 (very-low-quality evidence, based on 2 NRS).
 - · VNS has lower withdrawal rates than TAU (very-low-quality evidence, based on 1 NRS).

Interim Executive Medical Director, Swedish Neuroscience Institute

Medical Director, Center for Neurologic Restoration, Swedish Neuroscience Institute

Summary

VNS appears to be an appropriate treatment option for adults and children with treatment- resistant epilepsy, but there is a lack of robust evidence on the effectiveness of VNS for TRD in adults. The use of VNS is commonly associated with minor adverse events, such as coughing and voice alteration, which are often transient and tend to decrease over time. In some cases, adverse events can be minimized through adjustment of the stimulation parameters. However, if VNS equipment or its components fail, people can be exposed to rare, but serious harms.

Depression

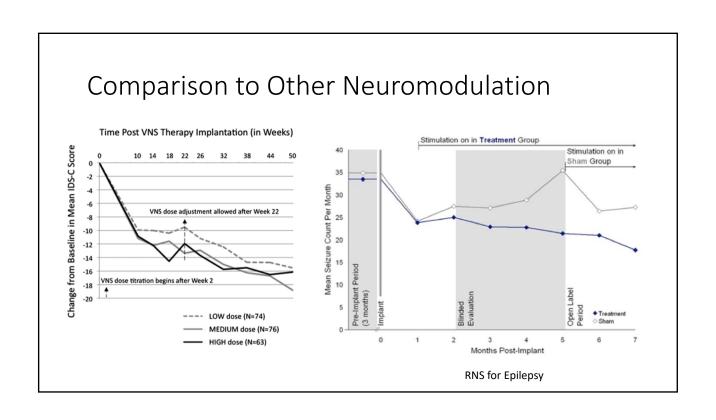
- High-stimulation VNS is associated with an *increased response rate* (as measured on the MADRS) when compared with low-stimulation VNS (low-quality evidence), but other outcomes, such as reduced depression severity using other scales and suicide deaths or attempts, are not different between stimulation groups (very-low to low-quality evidence).
- VNS with TAU reduced depressive symptoms more than TAU alone (very-low-quality evidence); however, the difference
 was small and may not be clinically meaningful.
- VNS with TAU also resulted in higher rates of response compared with TAU alone (very-low-quality evidence). Other
 outcomes were not different between groups (sham VNS or TAU) or were inconsistent, making it difficult to draw robust
 conclusions about the effectiveness of VNS for depression in adults. As with the use of VNS for epilepsy, patients using the
 VNS implant may experience voice alteration or hoarseness and coughing related to the use of VNS (very-low- to moderate quality evidence).
- Most guidelines either recommend against the use of VNS for depression, citing a lack of evidence and calling for more
 research, or did not make any specific recommendations for or against the use of tVNS for depression. However, 1
 guideline did recommend VNS as a third-line treatment, after repetitive transcranial magnetic stimulation (first-line
 treatment) and ECT (second-line treatment) for adults with MDD. (Canadian Network for Mood and Anxiety
 Treatments, 2016 Fair quality)
- On February 15, 2019, CMS issued an NCD that covers FDA-approved VNS devices for TRD through Coverage with Evidence Development. This requires patients to be entered into a CMS-approved, double-blind, randomized, placebocontrolled trial with a follow-up duration of at least 1 year (Appendix H). If trials show positive interim findings when the CMS-approved, double-blind, randomized placebo-controlled trial has completed enrollment, there is the possibility of extending the study to a prospective longitudinal study. Prior to this proposed amendment, CMS stated that VNS was not reasonable and necessary for TRD. The use of VNS for other forms of depression or for use outside of a clinical trial remain noncovered. At the time of writing this report, only 1 trial is approved by CMS (NCT03887715; Table 22). 102
- There is a high level of agreement across the coverage determinations, with VNS for depression not being covered by any of the 3 commercial payers reviewed for this report.
- We identified 1 RCT that did not demonstrate any evidence of a benefit of tVNS for depression, and the guidelines and coverage policies that mentioned tVNS were not supportive of its use for depression in adults.
- · We did not identify any studies reporting on economic outcomes related to the use of VNS or tVNS for depression.

Randomized Study:

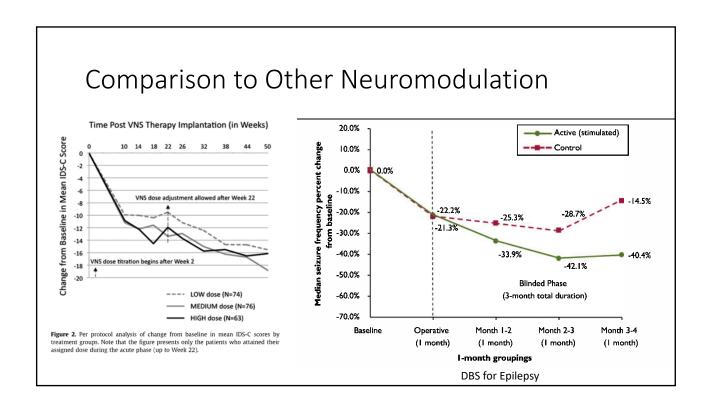
Medical Director, Center for Neurologic Restoration, Swedish Neuroscience Institute

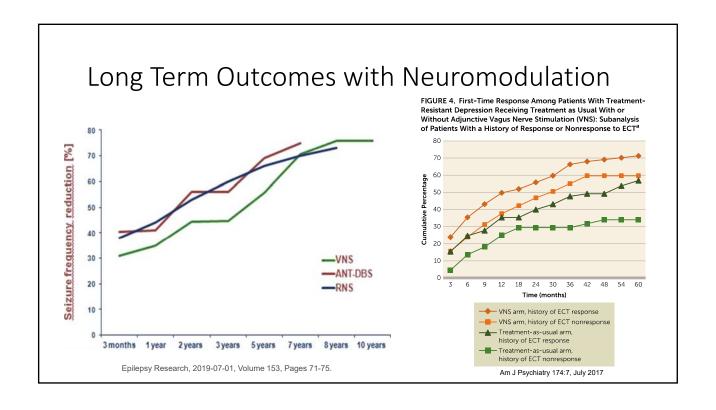
Aaronson et al., 2013: 29 academic and clinical sites in the U.S.

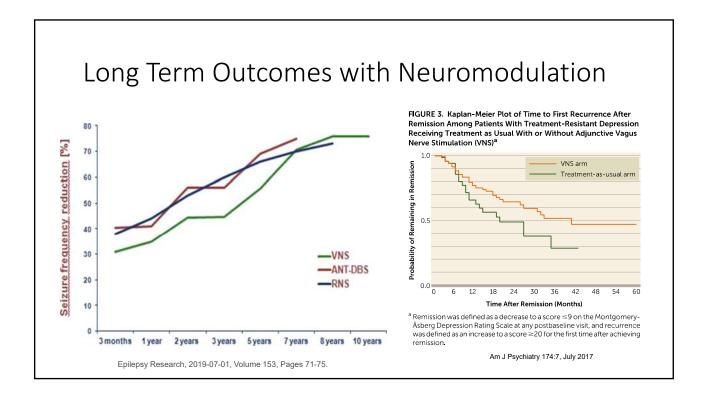
- Remission and Duration of Remission
 At week 22, remission (defined as score of ≤ 14 on the IDS-C and IDS-SR, ≤ 5 on the QIDS-C, or ≤ 9 on the MADRS) was not significantly different between treatment groups (reported graphically; 5% to 6% low; 9% to 11% in the medium and high groups)
- At week 50, response was numerically higher than at week 22, but there was no difference between treatment groups (reported graphically)
 - Both groups are open label at this point!



Medical Director, Center for Neurologic Restoration, Swedish Neuroscience Institute







VNS for Depression - Summary

- Significant improvement in depression rating scores with VNS stimulation.
- Recommended as third line treatment in "fair" guidelines.
- Clear improvement in time of remission, responder rates, and mortality with VNS in 5 year open label study.
- Appears to behave like many other neuromodulation therapies with improving responder rate over time.
 - Unlikely to get complete picture with randomized/controlled trial.
- Patients with severe TRD need significantly better options.
 - Urge the WA State Healthcare Authority to cover VNS for TRD.
 - February 2019 decision memo, CMS provided a coverage pathway for patients with TRD.
 - Minimally need participatory option for WA state patients in "Coverage with Evidence" CMS trial.

Disclosure

Any unmarked topic will be considered a "Yes"

	Potential Conflict Type	Yes	No
1.	Salary or payments such as consulting fees or honoraria in excess of \$10,000.		X
2.	Equity interests such as stocks, stock options or other ownership interests.		Χ
3.	Status or position as an officer, board member, trustee, owner.	Χ	
4.	Loan or intellectual property rights.		
5.	Research funding.	X	
6.	Any other relationship, including travel arrangements.		Х

If yes, list name of organizations that relationship(s) are with and for #6, describe other relationship:

Board Member of the Clinical Transcranial Magnetic Stimulation Society (no direct bearing on VNS)

Partner & Director of Neuropsychiatry and Research at SeattleNTC, a clinic caring for patients with VNS

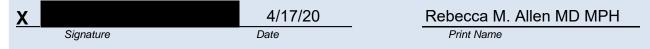
Site Principal Investigator for the RECOVER study on VNS for depression; we have only had 1 subject so far

	Potential Conflict Type	Yes	No
7.	Representation: if representing a person or organization, include the name and		
	funding sources (e.g. member dues, governmental/taxes, commercial products	V	
	or services, grants from industry or government).	^	

If yes to #7, provide name and funding Sources:		
Washington State Psychiatric Association,	funded with annual du	es by psychiatrist members

If you believe that you do not have a conflict, but are concerned that it may appear that you do, you may **attach additional sheets** explaining why you believe that you should not be excluded.

I certify that I have read and understand this Conflict of Interest form and that the information I have provided is true, complete, and correct as of this date.



So we may contact you regarding your presentation, please provide the following:

Email Address: rebecca.allen@seattlentc.com

Phone Number: 206-467-6300 ext.2

Disclosure

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2.	Equity interests such as stocks, stock options or other ownership interests.		/
3.	Status or position as an officer, board member, trustee, owner.		/
4.	Loan or intellectual property rights.		✓
5.	Research funding.	✓	
6.	Any other relationship, including travel arrangements.		✓

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<u>X</u>		/2020	Joshua Bess MD		
	Signature Date		Print Name		
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So we r	may contact you regarding your present	ation, please provide the	e following:		
Email	Address: josh.bess@seattlentc	com			
Phone	Number: 206.467.6300				

Disclosure

Any unmarked topic will be considered a "Yes"

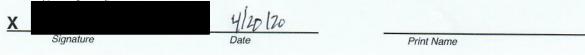
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Status or position as an officer, board member, trustee, owner.		V
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I certify that I have read and understand this Conflict of Interest form and that the information I have provided is true, complete, and correct as of this date.



So we may contact you regarding your presentation, please provide the following:

Email Address:		
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Phone Number:		

Presentation to WA HTA re Vagus Nerve Stimulation

David L Dunner, MD, FACPscyh
Director, Center for Anxiety and Depression
Mercer Island, WA
Professor Emeritus, Department of Psychiatry and Behavioral Sciences
University of Washington

Conflicts of Interest (>\$10,000)

- Janssen: Speaker 2019
- LivaNova: Principal Investigator for our site for RECOVER Study;
 Payment for clinical services to a former research patient (Payments less than \$10,000 as of 4/20/2020)
- Various legal firms: Independent medical evaluations; review of medical records; depositions; court testimony; preparation of reports

Key Points (1)

- My background includes over 50 years of research and clinical treatment involving patients with treatment resistant major depression and bipolar depression (NIMH; Columbia University College of Physicians and Surgeons/New York State Psychiatric Institute; University of Washington, Center for Anxiety and Depression)
- My research and clinical expertise involving treatment resistant depression is recognized internationally
- Our group was the first in the Northwest to treat patients with VNS for treatment resistant depression; to treat patients with Transcranial Magnetic Stimulation; and to provide outpatient treatment with esketamine nasal spray for patient with treatment resistant depression

Key Points (2)

- Patients with severe treatment resistant depression (those who fail 4 or more antidepressant treatment trials) do not respond well to the next antidepressant treatment trial
- Patients with severe treatment resistant depression have few potentially effective treatment options (Esketamine nasal spray; Transcranial Magnetic Stimulation; Electroconvulsive Therapy; Vagus Nerve Stimulation)
- Some patients elect not to have some of the above treatment options due to potential adverse effects or other reasons (cost, convenience)

Key Points (3)

- Vagus Nerve Stimulation is an FDA approved treatment for patients with treatment resistant depression
- Vagus Nerve Stimulation is an effective treatment option for patients with treatment resistant depression, and the efficacy increases over time
- Vagus Nerve Stimulation is a safe and well tolerated treatment for patients with treatment resistant depression
- I agree that sham controlled studies prove efficacy and safety, but ignoring data from comparator studies (George et al.; Aaronson et al.) undervalues the clinical effect of Vagus Nerve Stimulation
- The Aaronson et al. study and other studies report that Vagus Nerve Stimulation reduces suicidal behavior in patients with treatment resistant depression and also reduces overall medical care costs



Disclosure

Any unmarked topic will be considered a "Yes"

	Potential Conflict Type	Yes	No
1.	Salary or payments such as consulting fees or honoraria in excess of \$10,000.	Х	
2.	Equity interests such as stocks, stock options or other ownership interests.	Х	
3.	Status or position as an officer, board member, trustee, owner.		
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6.	Any other relationship, including travel arrangements.		
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Liv	vaNova USA, Incorporated		
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7.	Representation: if representing a person or organization, include the name and		
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X	23 April 2020 Lorenzo DiCarlo	MD	
	Signature Date Print Name		
So we r	may contact you regarding your presentation, please provide the following:		
Email	Address: lorenzo.dicarlo@livanova.com		
Phone	Number: 415 806 9000		



VNS for Treatment-Resistant Depression (TRD)

- LivaNova appreciates the WA HTA's recognition of the need for additional treatment options for patients living with depression
- Clinical data suggest that as many as 1/3 of patients continue to have debilitating symptoms even after 4 treatment interventions
- The consequence of non-responsiveness can be fatal; TRD is highly associated with suicidal ideation and suicidal attempts
- Despite this there are few treatment options available to these patients who struggle with daily living
- Those that do exist are either moderately effective, and/or associated with serious side effects such as cognitive decline
- VNS therapy was FDA approved in 2005 as adjunctive to usual and customary care for patients that have had an inadequate response to 4 or more treatment interventions

LivaNova

VNS for Treatment-Resistant Depression (TRD)

- Since approval, VNS therapy has been studied in the largest and longest ever post-approval study in patients whose depression was more refractory than the labeled indication
- · After 5 years, in the VNS treated group:
 - 67% of patients achieved a clinical response
 - 43% of patients achieved remission, a near resolution of all symptoms
 - 50% less suicides
- It is our understanding that no other therapy in the history of treatments of depression has shown such a long-lasting treatment effect

LivaNova

VNS for Treatment-Resistant Depression (TRD)

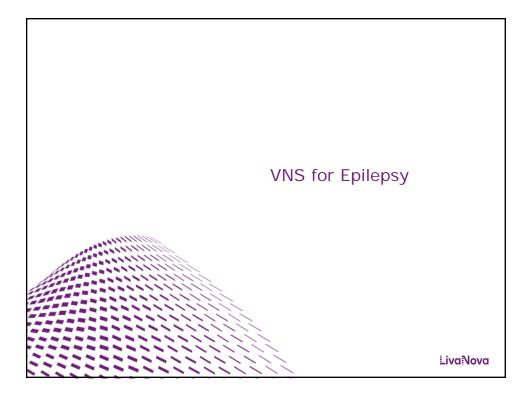
- Two American Psychiatric Association (APA) documents have been published since 2007 that support the use of VNS Therapy in treating patients with TRD
- LivaNova urges WA Healthcare Authority to consider the broadest available set of evidence and the APA guidelines in order to provide patients living with TRD access to VNS as a potentially lifesaving therapy

LivaNova

VNS for Treatment-Resistant Depression (TRD) - MEDICARE COVERAGE

- Recently CMS approved the RECOVER trial for Coverage with Evidence (CED) for new patients
- In addition, the Medicare CED provides coverage for VNS device replacement if it is required due to the end of battery life, or any other device-related malfunction
 - It is important to note that the replacement coverage is offered outside of an approved clinical trial per section D. Other in the CED
 - This is critically important for continuity of care and LivaNova requests that WA HCA will include this correction in its final report
- In addition to traditional Medicare plans, all Medicare Advantage plans must also follow this policy.

Liva Nova 5



VNS for Drug-Refractory Epilepsy (DRE)

LivaNova thanks the WSHA for conducting this HTA on Vagus Nerve Stimulation for the treatment of Drug-Resistant Epilepsy

We have several comments for your consideration

- 1. SUDEP publications are presented in the absence of a comparison to typical rates of SUDEP in the DRE population, and are presented in a section about VNS-related harms.
 - a. We encourage the WSHA to consider the risk of SUDEP in a comparative population of epilepsy patients without VNS Therapy
 - b. Ryvlin et al 2018, posits that VNS is protective against SUDEP. As such, LVN believes the relationship between VNS and SUDEP should be discussed as a benefit rather than a harm

LivaNova

VNS for Drug-Refractory Epilepsy (DRE)

- 2. The widely accepted definition of response to anti-convulsive therapy is >50% reduction in seizure frequency, and the WSHA's report conforms to this definition of "response" in the Methods section.
 - a. On this basis, the retrospective and underpowered study by Jamy et al 2019 study using an unaccepted measure of success should be excluded from the HTA

Liva Nova 8

VNS for Treatment-Resistant Depression (TRD) - References

Trivedi MH, Rush AJ, Wisniewski SR, et al. Evaluation of outcomes with citalopram for depression using measurement-based care in STAR*D: implications for clinical practice. Am J Psychiatry. 2006;163:28–40

Brådvik L, Berglund M. Long-term treatment and suicidal behavior in severe depression: ECT and antidepressant pharmacotherapy may have different effects on the occurrence and seriousness of suicide attempts. Depress Anxiety. 2006;23(1):34-41

Hantouche E, Angst J, Azorin J-M. Explained factors of suicide attempts in major depression. J Affect Disord. 2010;127(1-3):305-308

Aaronson ST, Sears P, Ruvuna F et al. Am J Psychiatry. 2017 Jul 1;174(7):640-648. doi: 10.1176/appi.ajp.2017.16010034. Epub 2017 Mar 31

Decision Memo for Vagus Nerve Stimulation (VNS) for Treatment Resistant Depression (TRD) (CAG-00313R2)

LivaNova

Disclosure

Any unmarked topic will be considered a "Yes"

	Potential Conflict Type	Yes	No
1.	Salary or payments such as consulting fees or honoraria in excess of \$10,000.	V	
2.	Equity interests such as stocks, stock options or other ownership interests.		1/
3.	Status or position as an officer, board member, trustee, owner.		
4.	Loan or intellectual property rights.		/
5.	Research funding.		V
6.	Any other relationship, including travel arrangements.		

If yes, list name of organiz	ations that relationship(s) are with and for #6,	describe other relationship:
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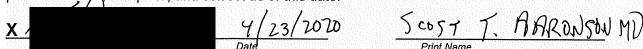
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	Potential Conflict Type	Yes	No
7.	Representation: if representing a person or organization, include the name and funding sources (e.g. member dues, governmental/taxes, commercial products or services, grants from industry or government).		~

If yes to #7, provide name and funding Sources: _.	 	
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If you believe that you do not have a conflict, but are concerned that it may appear that you do, you may **attach additional sheets** explaining why you believe that you should not be excluded.

I certify that I have read and understand this Conflict of Interest form and that the information I have provided is true, complete, and correct as of this date.



So we may contact you regarding your presentation, please provide the following:

Email Address: Saaronson@sheppardpratt.org

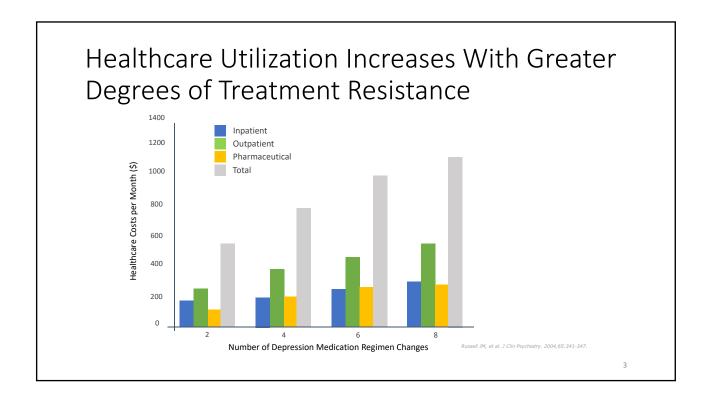
Comments to WA Healthcare Authority: Vagus Nerve Stimulation for Treatment Resistant Depression

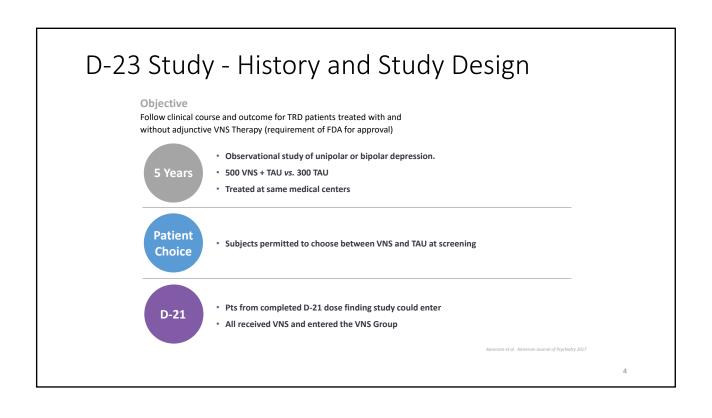
Scott T. Aaronson, MD Director, Clinical Research Programs Sheppard Pratt Health System

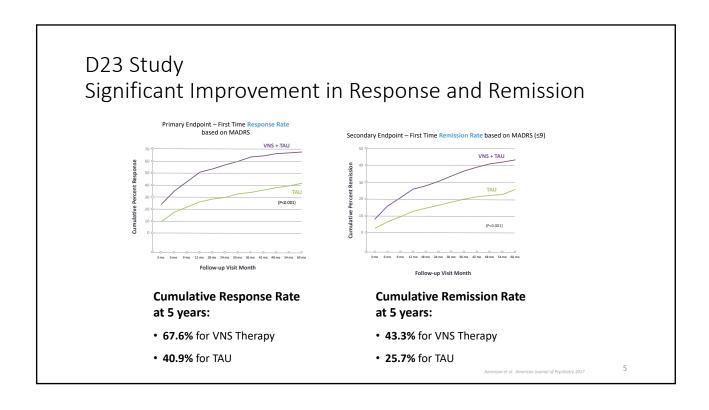
> May 15, 2020 Submitted: April 24, 2020

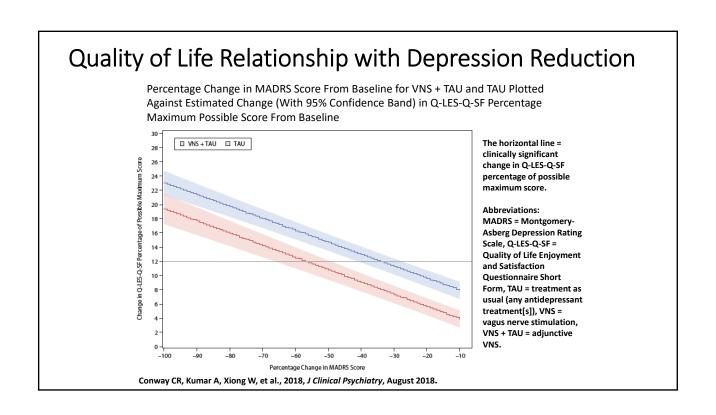
The Problem of Treatment Resistant Depression

- One third of patients with depression do not respond to at least two adequate trials of antidepressants
- Half of those patients do not respond to at least **four** adequate trials of antidepressants
- There are **no** antidepressant trials showing efficacy for those patients with four or more treatment failures
- The data we will show you look at patients who failed an average of eight antidepressants.
- These patients are severely impaired, chronically ill, most often disabled by their depression. Their morbidity expenses account for 40% of the \$100B annual expense of depression in the US
- We have little to offer these patients









Why it is important for your patients to have access to VNS therapy

- · Few patients achieve response or remission after 4 adequate trials of standard treatment
- · Treatment resistant depression is associated with a high risk of suicide
- Patients whose depression is difficult to treat are costly to the health system and few effective and safe treatments are available
- VNS therapy is FDA-approved in a clearly identifiable population; those who have symptoms despite ε4
 antidepressant treatments
- Adding VNS therapy to standard treatment has been shown in long term studies to significantly improve response, remission and reduce suicidality in both randomized trials and real-world studies.
- · Compliance with VNS therapy is high, and side-effect are mild and tolerable for most patients.

Disclosure

Any unmarked topic will be considered a "Yes"

	Potential Conflict Type	Yes	No
1.	Salary or payments such as consulting fees or honoraria in excess of \$10,000.		X
2.	Equity interests such as stocks, stock options or other ownership interests.		X
3.	Status or position as an officer, board member, trustee, owner.		X
4.	Loan or intellectual property rights.		X
5.	Research funding.	X	
6.	Any other relationship, including trave arrangements.	X	

ter	Refractour Depression		
NA	A NOVA contributes to my research on Vagus New Refraction, Depression I NOVA has sponsored travel to present before MEDI	icare	
	Potential Conflict Type	Yes	No
7.	Representation: if representing a person or organization, include the name and funding sources (e.g. member dues, governmental/taxes, commercial products or services, grants from industry or government).		X
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Chronic Vagus Nerve Stimulation Significantly Improves Quality of Life in Treatment-Resistant Major Depression

Conway CR, Kumar A, Xiong W, Bunker M, Aaronson ST, Rush AJ., *Journal Clinical Psychiatry*, August 21, 2018. (published online)

VNS Improves Quality of Life in Treatment Resistant Depression (TRD): background

- -- Previous studies of VNS in TRD have demonstrated that VNS has positive effects on psychological/functional domains outside of depression, including reducing anxiety and improving alertness¹⁻⁴, lowering pain perception⁵, and improving cognition⁶⁻⁷.
- -- VNS clinicians noted patient improvement was not captured reliably on standard depression scales. Very low percentage of patients have VNS devices explanted, even though they often do not have "full responses."
- -- Given the chronic and difficult-to-treat nature of TRD, a recent trend in psychiatric efficacy outcomes is to place greater emphasis on overall improvement in functional outcomes, rather than simply measuring depressive symptoms using classic depression scales (e.g., Hamilton Depression Rating Scale, Montgomery-Asberg Depression Rating Scale)⁸.

¹ George MS, et al., 2008; ²Englot DJ, et al., 2017; ³Kossoff EH, Pyzik PL. 2004; ⁴Shawan A, Bailey C, et al., 2009; ⁵Borckardt JJ, Kozel FA, et al.,2005; ⁶Clark KB, Naritoku DK, et al.,1999; ⁷Sackeim HA, Keilp JG, et al., 2001; ⁸Bagby RM, Ryder AG, et al., 2004.

VNS Improves Quality of Life in Treatment Resistant Depression (TRD): the Q-LES-Q-SF

The Quality of Life Enjoyment and Satisfaction Questionnaire Short Form (Q-LES-Q-SF) is a 14 item, validated, patient self-report scale to measure improvements across a wide range of life areas including physical health, mood, work, economic situation, and social relationships¹. Each domain is rated as 1-5, for minimal score of 14, maximal score of 70.

Recently, there has been a push to determine if there is a drop in clinical scores which represents the minimal change required to show clinical improvement or the Minimal Clinically Important Difference (MCID).

In a large clinical trial (N=542) of individuals with non–treatment-resistant bipolar depression, Endicott et al. had determined the MCID for the Q-LES-Q-SF to be an 11.89% max increase from baseline². Or more simply an 8 point increase from baseline (.1189x70=8.323).

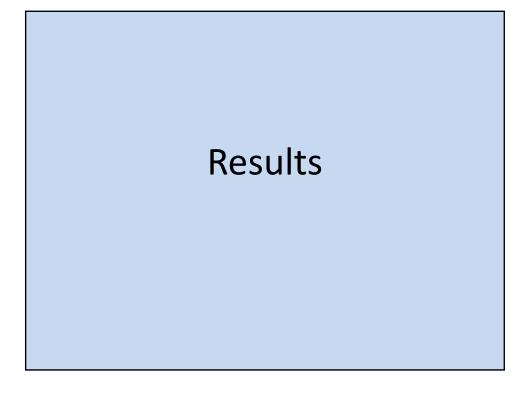
¹Endicott J, et al., 1993; ²Endicott J et al., 2007.

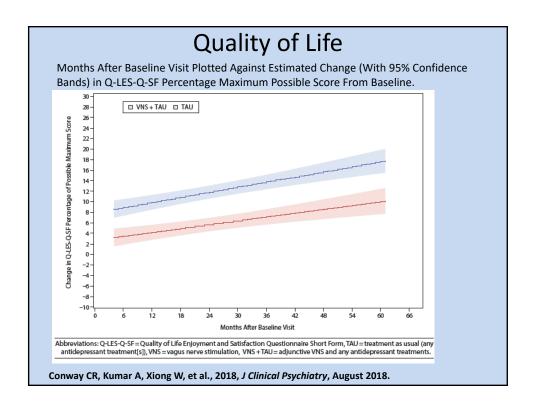
VNS Improves Quality of Life in Treatment Resistant Depression (TRD): the CGI-I

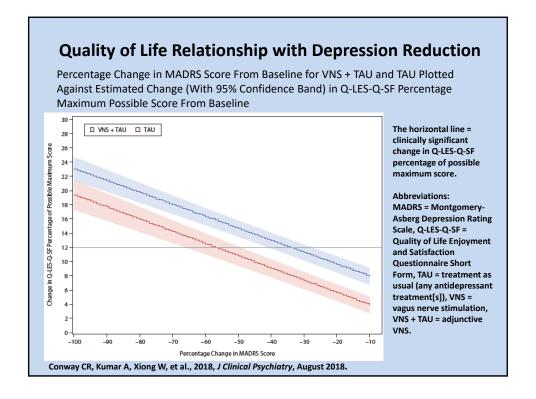
In addition to the measurement of quality of life improvement by the Q-LES-Q, another clinician-administered scale, the Clinical Global Impressions-Improvements Scale (CGI-I)¹ was employed. Scores of 1 or 2 were considered treatment "success".

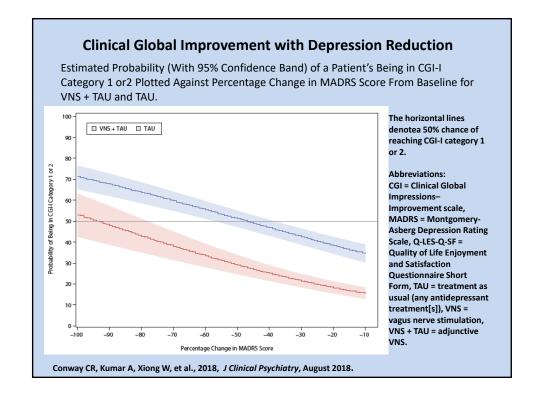
- 1 = very much improved since baseline
- 2 = much improved
- 3 = minimally improved
- 4 = no change from baseline
- 5 = minimally worse
- 6 = much worse
- 7 = very much worse since the initiation of treatment

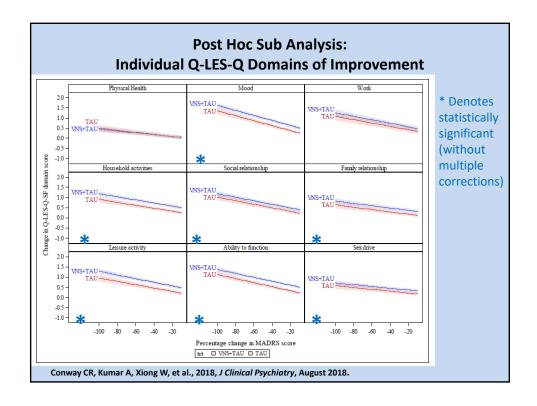
¹Guy W. 1976.

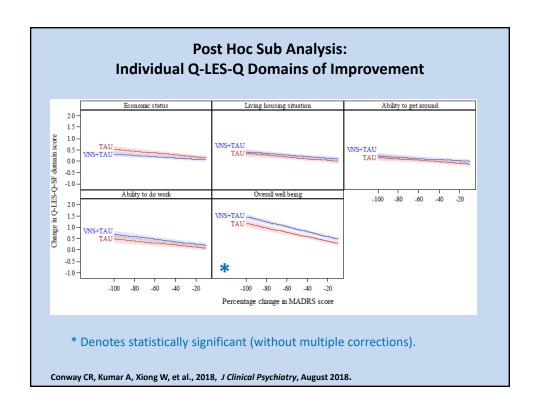












Vagal Nerve Stimulation for Epilepsy and Depression

Washington HTA Committee
May 15, 2020
Beth Shaw, BSc, MSc, and Valerie J. King, MD, MPH



Overview

- Background and Policy Context
- Methods and Search Results
- Summary Findings and Conclusions
- Questions
- Detailed Results, as Requested by the Committee



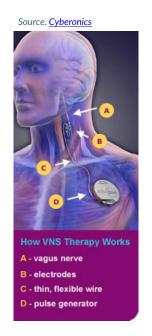
Background and Policy Context



Overview

- Vagal nerve stimulation (VNS) sends electric signals to specific brain structures via the vagus nerve
- A small device (pulse generator) is implanted in the left side of the chest
 - Produces repeating, low-level pulses of electrical current, transmitted via electrical leads along the vagus nerve to the brainstem
- Transcutaneous VNS (tVNS) is a noninvasive alternative
- Mechanism of action is assumed to involve the neuromodulatory action of the vagus nerve, resulting in antiseizure effects, changes in mood, behavior, and cognition

Sources. American Academy of Neurology. 2013; https://www.aan.com/Guidelines/Home/GetGuidelineContent/619. Krohl SE, Clark KB. 2012. doi: 10.4103/2152-7806.103015. Markert MS, Fisher RS. 2019. doi: 10.1080/14737175.2019.1554433. Giordano F, Zicca A, Barba C, Guerrini R, Genitori L. 2017. doi: 10.1111/epi.13678. Ellrich J. 2011. doi: 10.17925/enr.2011.06.04.254. Panebianco M, Rigby A, Weston J, Marson AG. 2015. doi: 10.1002/14651858.CD002896.pub2.



Overview: Epilepsy

 VNS may be an option for people whose epilepsy is not adequately controlled with other treatments (pharmacological management or surgery) or for whom surgery is not suitable or possible



- Many people respond to a first or second trial of an antiseizure medication, but if the second medication fails, odds of response to additional medications are very low
- People whose epilepsy is not adequately controlled with other treatments are at an increased risk of sudden unexpected death in epilepsy (SUDEP)

Sources. Kwan P, Brodie MJ. 2000. doi: 10.1056/NEJM200002033420503. Tomson T, Nashef L, Ryvlin P. 2008. doi: 10.1016/S1474-4422(08)70202-3.

Overview: Treatment-resistant Depression

- VNS may be an option for people with treatment-resistant depression (TRD)
 - Chances of remission are much lower after 2 trials, with around a third of people having no remission after 4 treatment trials
 - Other options include behavioral health therapies (e.g., cognitive behavioural therapy), other stimulation techniques (e.g., electroconvulsive therapy), and novel treatments (e.g., esketamine)



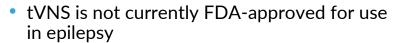
Source. <u>This Photo</u> by Unknown Author is licensed under CC BY

Source. Rush AJ, Trivedi MH, Wisniewski SR, et al. 2006. doi: 10.1176/ajp.2006.163.11.1905.

Policy Context: Epilepsy

- In 1997, the U.S. Food and Drug Administration (FDA) approved the use of VNS, through the 510(k) premarket approval process, for:
 - Adjunctive therapy in reducing the frequency of seizures in adults and adolescents older than 12 years of age with partial onset seizures refractory to antiepileptic drugs (AEDs)







6

Summary of FDA-approved Change in Age for VNS in Epilepsy: Effectiveness in Younger Children

- Based on an analysis of younger and older children and young adults in the pivotal trials used for the initial approval, a Japanese registry, and the Cyberonics Post-Market Surveillance database, the FDA concluded that:
 - VNS is an effective and safe treatment for the reduction of partial onset seizures in pediatric patients 4 to 11 years of age with refractory epilepsy
- Based on the Bayesian hierarchical model, the 12-month responder rate for pediatric patients 4 to 11 years of age with partial onset seizures in the Japan post-approval study was 39% (95% credible interval, 28% to 52%)

Summary of FDA-approved Change in Age for VNS in Epilepsy: Safety in Younger Children

- No unanticipated adverse device effects observed in pediatric patients
 4 to 11 years of age
 - Higher incidence of infection and lead extrusion in patients aged 4 to 11
- Younger patients may have a greater risk for wound infection when compared to adolescents and adults
 - Monitoring for site infection, as well as the avoidance of manipulation of the surgical site post implant in children, should be emphasized
- Overall, treatment-emergent adverse events in patients 4 to 11 years of age were consistent with patients ≥ 12 years of age treated with VNS, and no new risks were identified

8

Policy Context: Depression

- VNS is FDA-approved for:
 - Adjunctive long-term treatment of chronic or recurrent depression for adults who are experiencing a major depressive episode and have not had an adequate response to 4 or more antidepressant treatments
- tVNS is not currently FDA-approved for use in depression



Source. Cyberonics.

Policy Context: Washington

- Currently:
 - VNS is a conditionally-covered benefit for the management of epileptic seizures in people aged 12 years or older that have a medically refractory seizure disorder
 - VNS for the treatment of depression is a non-covered benefit
- VNS and tVNS were selected for assessment because of:
 - High concerns about safety
 - Medium concerns about efficacy and costs
 - Changes in FDA approval for epilepsy (i.e., lowering the age in children)

Source. https://www.hca.wa.gov/assets/program/findings_decision_vns_103009[1]_0.pdf



10

Methods



Scope: Epilepsy

Populations	Adults and children (aged 4 and older) with epilepsy
Interventions	VNS alone, or in combination with TAU (e.g., AEDs)
	tVNS alone, or in combination with TAU (e.g., AEDs)
	• AEDs
	Surgery
Composators	Other types of brain stimulation (invasive or noninvasive)
Comparators	• Sham VNS ^a
	VNSa at a subtherapeutic level
	No treatment
	Primary outcomes: seizure frequency
	Secondary outcomes: seizure cessation; seizure severity; seizure duration; treatment
Outcomes	withdrawal; mood or cognitive changes; quality of life
	 Safety: direct harms (e.g., infection or hoarseness); reimplantation; failure rate
	Economic: cost-effectiveness outcomes or cost-utility outcomes
Catting	Any outpatient or inpatient clinical setting in countries categorized as very high on the UN
Setting	HDI

Note: ^a VNS also includes tVNS. Abbreviations. AEDs: antiepileptic drugs; UN HDI: United Nations Human Development Index; TAU: treatment as usual; VNS: vagal nerve stimulation.

12

Key Questions: Epilepsy

- 1. What is the evidence on the efficacy and effectiveness of VNS in adults and children with epilepsy?
- 2. What direct harms are associated with VNS in adults and children with epilepsy?
- 3. Do important efficacy/effectiveness outcomes or direct harms of VNS in adults and children with epilepsy vary by:
 - a. Patient characteristics (e.g., age, time since diagnosis)
 - b. Type of seizure
 - c. Duration of treatment
 - d. Intensity of treatment
- 4. What are the cost-effectiveness and other economic outcomes of VNS in adults and children with epilepsy?

Scope: Depression

Populations	Adults (aged 18 and older) with TRD
Interventions	 VNS alone, or in combination with TAU (medication or nonpharmacological therapies) tVNS alone, or in combination with TAU
Comparators	 Antidepressant medication Nonpharmacological treatments (e.g., CBT) Other types of invasive or noninvasive brain stimulation (e.g., ECT) Sham VNS^a VNS^a at a subtherapeutic level No treatment
Outcomes	 Primary outcomes: depression severity (using a validated tool) Secondary outcomes: mortality; suicidal ideation; response, remission and duration; treatment withdrawal; compliance with other depression treatments; anxiety; cognitive changes; quality of life; safety: direct harms (e.g., infection or hoarseness); reimplantation; failure rate Economic: cost-effectiveness outcomes or cost-utility outcomes
Setting	Any outpatient or inpatient clinical setting in countries categorized as very high on the UN HDI

Note. ^a VNS also includes tVNS. Abbreviations. CBT: cognitive behavioral therapy; ECT: electroconvulsive therapy; HDI: Human Development Index; TAU: treatment as usual; tVNS: transcutaneous VNS; UN HDI: United Nations Human Development Index; VNS: vagal nerve stimulation.

Key Questions: Depression

- 1. What is the evidence on the efficacy and effectiveness of VNS in adults with TRD?
- 2. What direct harms are associated with VNS in adults with TRD?
- 3. Do important efficacy/effectiveness outcomes or direct harms of VNS in adults with TRD vary by:
 - a. Patient characteristics (e.g., age)
 - b. Duration or type of depression (e.g., unipolar vs. bipolar)
 - c. Duration of treatment
 - d. Intensity of treatment
- 4. What are the cost-effectiveness and other economic outcomes of VNS in adults with TRD?

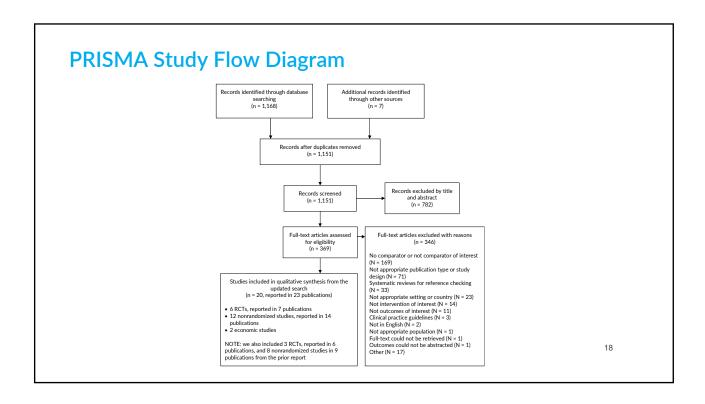
Eligible Studies: Epilepsy and Depression

- Key Questions 1-4
 - Randomized controlled trials (RCTs)
 - Nonrandomized comparative studies with 10 or more participants in each group
- Additional studies/data for Key Questions 2 and 3 (harms and subgroups)
 - Large, multisite registries with 100 or more participants
 - Databases containing reports of procedure-related harms or device recalls (e.g., FDA MAUDE database, FDA Medical Device Recall database)
- Additional studies/data for Key Question 4
 - Cost-effectiveness studies and other formal comparative economic evaluations

16

Range of Evidence Sources

- Included:
 - Ovid MEDLINE and Epub Ahead of Print, In-Process & Other NonIndexed Citations and Daily
 - Cochrane Library databases (Cochrane Database of Systematic Reviews and Cochrane Central Register of Controlled Trials)
 - PsvcINFO
 - Agency for Healthcare Research and Quality (AHRQ)
 - National Institute for Health and Care Excellence (NICE) Evidence
 - Veterans Administration Evidence-based Synthesis Program
 - Guideline databases
 - Medicare Coverage Database
 - ClinicalTrials.gov, maintained by the National Library of Medicine at the National Institutes of Health



Overall Certainty of Evidence

 We assigned a summary judgment for the overall certainty of evidence for each key outcome, based on the GRADE approach

High	Very confident that the estimate of the effect of the intervention on the outcome lies close to the true effect
Moderate	True effect is likely to be close to the estimate of the effect, but there is a possibility that it is different
Low	<u>Little confidence</u> in the estimate of the effect of the intervention on the outcome and the true effect may be substantially different from the estimate of the effect
Very Low	No confidence in the estimate of the effect of the intervention on the outcome and the true effect is likely to be substantially different from the estimate of effect

GRADE: Grading of Recommendations, Assessment, Development, and Evaluation

Evidence Review

Summary of the Evidence and Conclusions



Key Findings

- Effectiveness and harms for epilepsy
- Cost-effectiveness for epilepsy
- Effectiveness and harms for depression
- Cost-effectiveness for depression

Effectiveness and Harms: Epilepsy

5 RCTs (in 8 publications)

- 4 comparing highvs. low-stimulation VNS^{49-51,80,82,83,87}
- 1 comparing VNS plus best medical practice vs. best medical practice⁸⁶

15 nonrandomized studies

 Varied comparators, including surgery, no treatment, other types of stimulation^{55,58,60,} 63,64,66-69,71-73,75-77

1 RCT

 Comparing highvs. low-stimulation tVNS⁷⁹

22

Effectiveness and Harms: Epilepsy High- vs. Low-Stimulation

Number of Participants (N)	Findings	Certainty of	Rationale	
Number of Studies	i munigo	Evidence	Itationale	
High-stimulation VNS vs. Lov	v-stimulation VNS			
Outcome: Reduction of 50%	or More in Seizure Frequency			
N = 351	RR, 1.62; 95% CI, 1.05 to 2.49	$\oplus \oplus \bigcirc \bigcirc$	Downgraded 1 level each for risk	
3 RCTs ^{80,82,87}		LOW	of bias and imprecision (i.e., wide CIs)	
Outcome: Mean Change in Se	eizure Frequency	•		
N = 9	MD, -36.08; 95% CI, -71.34 to -0.82	\oplus	Downgraded 2 levels for risk of	
1 RCT ⁵¹		VERY LOW	bias, and 1 level for imprecision (i.e., wide CIs)	
Outcome: Seizure Freedom				
N = 312	1 participant receiving high-	$\oplus \oplus \bigcirc \bigcirc$	Downgraded 1 level each for risk	
2 RCTs ^{80,87}	stimulation VNS and no participants in the low-stimulation groups became seizure-free	LOW	of bias and imprecision (i.e., not assessable)	

Abbreviations. Cl: confidence interval; MD: mean difference; RCT: randomized controlled trial; RR: risk ratio; VNS: vagal nerve stimulation.

Effectiveness and Harms: Epilepsy High- vs. Low-Stimulation

	Findings	Certainty of Evidence	Rationale	
Number of Studies				
High-stimulation VN	S vs. Low-stimulation VNS	5		
Outcome: Treatment	t Withdrawals			
N = 353	RR, 2.56;	⊕○○○	Downgraded 1 level for risk of bias and 2 levels	
3 RCTs ^{80,82,87}	95% CI, 0.51 to 12.71	VERY LOW	for imprecision (i.e., very wide Cls)	
Outcome: Voice Alte	eration or Hoarseness			
N = 312	RR, 2.32;	$\oplus \oplus \oplus \bigcirc$	Downgraded 1 level for risk of bias	
2 RCTs ^{80,87}	95% CI, 1.56 to 3.45	MODERATE		
Outcome: Cough				
N = 312	RR, 1.04;	⊕○○○	Downgraded 1 level for risk of bias and 2 levels	
2 RCTs ^{80,87}	95% CI, 0.70 to 1.56	VERY LOW	for imprecision (i.e., very wide Cls)	
Outcome: Dyspnea				
N = 312	RR, 2.45;	$\Theta\ThetaOO$	Downgraded 1 level each for risk of bias and	
2 RCTs ^{80,87}	95% CI, 1.07 to 5.60	LOW	imprecision (i.e., wide CIs)	

 $Abbreviations. \ CI: confidence\ interval;\ RCT: randomized\ controlled\ trial;\ RR: risk\ ratio;\ VNS:\ vagal\ nerve\ stimulation.$

Effectiveness and Harms: Epilepsy High- vs. Low-Stimulation

Number of Participants (N)	Findings	Certainty of Evidence	Rationale	
Number of Studies				
High-stimulation VNS v	s. Low-stimulation VNS			
Outcome: Pain				
N = 312	RR, 1.01;	Ф ООО	Downgraded 1 level for risk of bias and 2 levels	
2 RCTs ^{80,87}	95% CI, 0.60 to 1.68	VERY LOW	for imprecision (i.e., very wide CIs)	
Outcome: Paresthesias				
N = 312	RR, 0.78;	BOOO	Downgraded 1 level for risk of bias and 2 levels	
2 RCTs ^{80,87}	95% CI, 0.39 to 1.53	VERY LOW	for imprecision (i.e., very wide CIs)	
Outcome: Nausea				
N = 312	RR, 0.72;	BOOO	Downgraded 1 level for risk of bias and 2 levels	
2 RCTs ^{80,87}	95% CI, 0.32 to 1.62	VERY LOW	for imprecision (i.e., very wide CIs)	
Outcome: Headache				
N = 312	RR, 0.90;	⊕○○○	Downgraded 1 level for risk of bias and 2 levels	
2 RCTs ^{80,87}	95% CI, 0.48 to 1.69	VERY LOW	for imprecision (i.e., very wide CIs)	

Abbreviations. CI: confidence interval; RCT: randomized controlled trial; RR: risk ratio; VNS: vagal nerve stimulation.

Effectiveness and Harms: Epilepsy High- vs. Low-Stimulation

- High-stimulation VNS, when compared with low-stimulation VNS:
 - More people having a 50% or more reduction in seizure frequency than lowstimulation VNS (low-quality evidence from 3 RCTs)
 - More effective in reducing mean seizure frequency than low-stimulation VNS (very-low-quality evidence from 1 RCT)
 - Both had very low rates of seizure freedom (low-quality evidence from 2 RCTs)
 - Similar number of withdrawals (very-low-quality evidence from 3 RCTs)
 - Higher levels of voice alteration or hoarseness (moderate-quality evidence from 2 RCTs)
 - Higher rates of dyspnea (low-quality evidence from 2 RCTs)
 - Similar rates of cough, pain, paresthesias, nausea, and headache (very-low-quality evidence from 2 RCTs)

26

Effectiveness and Harms: Epilepsy VNS vs. Treatment as Usual

Number of Participants (N)	Findings	Certainty of	Rationale	
Number of Studies	- maings	Evidence	racionale	
VNS vs. Treatment as Usual o	r Ongoing Medication			
Outcome: Reduction of 50% of	or More in Seizure Frequency			
N = 112	RR, 1.53; 95% CI, 0.63 to 3.74	Ф ООО	Downgraded 1 level for risk	
1 RCT ⁸⁶		VERY LOW	of bias and 2 levels for	
			imprecision (i.e., wide CIs)	
Outcome: Seizure Frequency	(various measures)			
N = 216	VNS is associated with greater	⊕○○○	Downgraded 1 level each for	
4 NRSs ^{58,63,64,66}	improvements in seizure frequency than	VERY LOW	risk of bias and imprecision	
	treatment as usual or ongoing medication		(i.e., not assessable)	
Outcome: Seizure Freedom				
N = 216	VNS does not appear to be associated with	0 000	Downgraded 1 level each for	
4 NRSs ^{58,63,64,66}	higher rates of seizure freedom than	VERY LOW	risk of bias and imprecision	
	treatment as usual or ongoing medication		(i.e., not assessable)	

Note. Nonrandomized studies start at LOW in the GRADE framework. Abbreviations. CI: confidence interval; NRS: nonrandomized study; RCT: randomized controlled trial; RR: risk ratio; VNS: vagal nerve stimulation.

Effectiveness and Harms: Epilepsy VNS vs. Treatment as Usual

Number of Participants (N)	Findings	Certainty of Evidence	Rationale	
Number of Studies		LVIderice		
VNS vs. Treatment as U	sual			
Outcome: Treatment W	ithdrawals			
N = 112	RR, 0.84; 95% CI, 0.59 to 1.20	$\oplus \oplus \bigcirc \bigcirc$	Downgraded 1 level each for risk of bias and	
1 RCT ⁸⁶		LOW	imprecision (i.e., wide CIs)	
Outcome: Voice Alterat	ion or Hoarseness			
N = 112	RR, 18.24;	⊕○○○	Downgraded 1 level for risk of bias and 2 levels	
1 RCT ⁸⁶	95% CI, 0.44 to 750.38	VERY LOW	for imprecision (i.e., very wide CIs)	
Outcome: Cough				
N = 112	Not reported			
1 RCT ⁸⁶				
Outcome: Dyspnea				
N = 112	Not reported			
1 RCT ⁸⁶				

 $Abbreviations. \ Cl: confidence\ interval; RCT: randomized\ controlled\ trial; RR: risk\ ratio; VNS: vagal\ nerve\ stimulation.$

Effectiveness and Harms: Epilepsy VNS vs. Treatment as Usual

Number of Participants (N) Number of Studies	Findings	Certainty of Evidence	Rationale	
VNS vs. Treatment as Usual				
Outcome: Pain				
N = 112	RR, 7.51;	⊕000	Downgraded 1 level for risk of bias and 2	
1 RCT ⁸⁶	95% CI, 0.16 to 357.94	VERY LOW	levels for imprecision (i.e., very wide CIs)	
Outcome: Paresthesias				
N = 112	RR, 7.51;	⊕○○○	Downgraded 1 level for risk of bias and 2	
1 RCT ⁸⁶	95% CI, 0.16 to 357.94	VERY LOW	levels for imprecision (i.e., very wide Cls)	
Outcome: Nausea	Outcome: Nausea			
N = 112	Not reported			
1 RCT ⁸⁶				
Outcome: Headache				
N = 112	RR, 7.51;	⊕○○○	Downgraded 1 level for risk of bias and 2	
1 RCT ⁸⁶	95% CI, 0.16 to 357.94	VERY LOW	levels for imprecision (i.e., very wide CIs)	

Abbreviations. CI: confidence interval; RCT: randomized controlled trial; RR: risk ratio; VNS: vagal nerve stimulation.

Effectiveness and Harms: Epilepsy VNS vs. Treatment as Usual

- VNS, when compared with treatment as usual (TAU) or ongoing medication:
 - Similar rates of response, defined as a 50% or more reduction in seizures (low-quality evidence from 1 RCT)
 - More effective in reducing seizure frequency than TAU or ongoing medication (very-low-quality evidence from 4 NRSs)
 - No higher rates of seizure freedom than TAU or ongoing medication (very-low-quality evidence from 4 NRSs)
 - Similar number of withdrawals as TAU (low-quality evidence from 1 RCT)
 - Similar levels of voice alteration or hoarseness, pain, paresthesias, headache, as TAU (very-low-quality evidence from 1 RCT)
- Laryngeal symptoms (including hoarseness and coughing) and local dysesthesias related to VNS use tended to decrease over time while rates of high-lead impedance tended to increase

30

Effectiveness and Harms: Epilepsy VNS vs. Surgery

Number of Participants (N) Number of Studies	Findings	Certainty of Evidence	Rationale
VNS vs. Surgery			
Outcome: Seizure Frequence	y (various measures)		
N = 192 4 NRSs ^{55,69,72,73}	VNS may be associated with similar improvements in seizure frequency than surgery, but surgery may be more effective for some patients or specific epilepsies		Downgraded 1 level each for risk of bias, inconsistency (i.e., differences between studies) and imprecision (i.e., not assessable)
Outcome: Seizure Freedom			
N = 252 5 NRSs ^{55,58,69,72,73}	Surgery may be associated with higher rates of seizure freedom than VNS, but results are not consistent		Downgraded 1 level each for risk of bias, inconsistency (i.e., differences between studies) and imprecision (i.e., not assessable)

Note. Nonrandomized studies start at LOW in the GRADE framework. Abbreviations. NRS: nonrandomized study; VNS: vagal nerve stimulation.

Effectiveness and Harms: Epilepsy VNS vs. Surgery

- VNS, when compared with surgery:
 - Similar effectiveness as surgery in reducing seizure frequency, but this was not consistent across studies (very-low-quality evidence from 4 NRSs)
 - Less effective in reducing seizure freedom than surgery, but this was not consistent across studies (very-low-quality evidence from 5 NRSs)
- No evidence on comparative harms

32

Effectiveness and Harms: Epilepsy VNS vs. Other Stimulation Techniques

Number of Participants (N) Number of Studies	Findings	Certainty of Evidence	Rationale
VNS vs. Responsive Neurosti	mulation		
Outcome: Seizure Frequency	(various measures)		
N = 73 2 NRSs ^{60,67}	VNS may be associated with similar improvements in seizure frequency than responsive neurostimulation, but results are not consistent Downgraded 1 level each for risk bias, inconsistency (i.e., difference between studies) and imprecision not assessable)		
Outcome: Seizure Freedom			
N = 73 2 NRSs ^{60,67}	VNS may be associated with similar rates of seizure freedom than responsive neurostimulation, but results are not consistent	⊕○○○ VERY LOW	Downgraded 1 level each for risk of bias, inconsistency (i.e., differences between studies) and imprecision (i.e., not assessable)

Note. Nonrandomized studies start at LOW in the GRADE framework. Abbreviations. NRS: nonrandomized study; RCT: randomized controlled trial; VNS: vagal nerve stimulation.

Effectiveness and Harms: Epilepsy VNS vs. Other Stimulation Techniques

- VNS, when compared with responsive neurostimulation:
 - Similarly effective in reducing seizure frequency, but this was not consistent across studies (very-low-quality evidence from 2 NRSs)
 - Similarly effective in terms of seizure freedom, but results are not consistent (very-low-quality evidence from 2 NRSs)
- No comparative evidence on harms

34

Effectiveness and Harms: Epilepsy High- vs. Low-Stimulation tVNS

Number of Participants (N)	Findings	Certainty of	Rationale
Number of Studies	riliuliigs	Evidence	Rationale
High-stimulation tVNS vs. Lov	v-stimulation tVNS		
Outcome: Reduction of 50% of	or More in Seizure Frequency		
N = 76	RR, 1.05;	ФООО	Downgraded 1 level for risk of bias and 2
1 RCT ⁷⁹	95% CI, 0.50 to 2.24	VERY LOW	levels for imprecision (i.e., very wide CIs)
Outcome: Seizure Freedom	•		
N = 76	2.7% in the high-stimulation	$\oplus \oplus \bigcirc \bigcirc$	Downgraded 1 level each for risk of bias
1 RCT ⁷⁹	tVNS group and 7.7% in the	LOW	and imprecision (i.e., not assessable)
T NOT	low-stimulation groups		
	became seizure free		
Outcome: Seizure Severity			
N = 76	Mean change in severity	$\oplus \oplus \bigcirc \bigcirc$	Downgraded 1 level each for risk of bias
1 RCT ⁷⁹	score: 1.56, high-	LOW	and imprecision (i.e., not assessable)
T NOT	stimulation; 0.83, low-		
	stimulation; P > .05 between		
	groups		

Abbreviations. CI: confidence interval; RCT: randomized controlled trial; RR: risk ratio; tVNS: transcutaneous VNS; VNS: vagal nerve stimulation.

Effectiveness and Harms: Epilepsy High- vs. Low-Stimulation tVNS

Number of Participants (N)	Findings	Certainty of	Rationale	
Number of Studies	rilluligs	Evidence	Rationale	
High-stimulation tVNS vs. Lov	w-stimulation tVNS			
Outcome: Treatment Withdra	wals			
N = 76	RR, 1.32;	ФООО	Downgraded 1 level for risk of bias and 2	
1 RCT ⁷⁹	95% CI, 0.58 to 2.97	VERY LOW	levels for imprecision (i.e., very wide Cls)	
Outcome: Voice Alteration or	Hoarseness			
N = 76	None were observed	$\oplus \oplus \bigcirc \bigcirc$	Downgraded 1 level each for risk of bias	
1 RCT ⁷⁹		LOW	and imprecision (i.e., not assessable)	
Outcome: Cough				
N = 76	None were observed	$\Theta\ThetaOO$	Downgraded 1 level each for risk of bias	
1 RCT ⁷⁹		LOW	and imprecision (i.e., not assessable)	
Outcome: Dyspnea				
N = 76	Not reported			
1 RCT ⁷⁹				

Abbreviations. Cl: confidence interval; RCT: randomized controlled trial; RR: risk ratio; tVNS: transcutaneous VNS; VNS: vagal nerve stimulation.

36

Effectiveness and Harms: Epilepsy High- vs. Low-Stimulation tVNS

Number of Participants (N)	Findings	Certainty of	Rationale	
Number of Studies	Fillulings	Evidence	Rationale	
High-stimulation tVNS vs. Lo	w-stimulation tVNS			
Outcome: Pain				
N = 76	RR, 2.11;	Ф ООО	Downgraded 1 level for risk of bias and 2	
1 RCT ⁷⁹	95% CI, 0.38 to 11.81	VERY LOW	levels for imprecision (i.e., very wide CIs)	
Outcome: Paresthesias				
N = 76	Not reported			
1 RCT ⁷⁹				
Outcome: Nausea				
N = 76	RR, 1.05;	⊕○○○	Downgraded 1 level for risk of bias and 2	
1 RCT ⁷⁹	95% CI 0.14 to 7.93	VERY LOW	levels for imprecision (i.e., very wide CIs)	
Outcome: Headache				
N = 76	RR, 0.90;	@ 000	Downgraded 1 level for risk of bias and 2	
1 RCT ⁷⁹	95% CI 0.40 to 2.06	VERY LOW	levels for imprecision (i.e., very wide CIs)	

 $Abbreviations. \ CI: confidence\ interval;\ RCT: randomized\ controlled\ trial;\ RR: risk\ ratio;\ tVNS:\ transcutaneous\ VNS;\ VNS:\ vagal\ nerve\ stimulation.$

Effectiveness and Harms: Epilepsy High- vs. Low-Stimulation tVNS

- High-stimulation tVNS, when compared with low-stimulation tVNS:
 - Similar rates of response, defined as a 50% reduction or more in seizure frequency (very-low-quality evidence from1 RCT)
 - Similar rates of seizure freedom (low-quality evidence from 1 RCT)
 - Similar seizure severity scores (low-quality evidence from 1 RCT)
 - Similar number of withdrawals (very-low-quality evidence, based on 1 RCT)
 - Similar rates of pain, nausea, headache, (very-low-quality evidence from 1 RCT)
 - No participants in either group reported coughing or hoarseness (lowquality evidence from 1 RCT)

38

SUDEP

- Mortality was not a key outcome for this report
- In 1 RCT comparing high- and low-simulation VNS⁸⁷:
 - 1 patient in the high-stimulation group experienced a nonfatal myocardial infarction, resulting in the generator being deactivated and the device removed
- In 1 RCT comparing high- and low-simulation tVNS⁷⁹:
 - 1 patient in the low-stimulation group died of SUDEP, which was not rated as being related to treatment
 - 1 patient had palpitations, rated as possibly or probably treatmentrelated

Effectiveness and Harms by Subgroup: Epilepsy

Prior Cranial Surgery

 People with prior cranial surgery may have lower rates of response at 12 months vs. no prior surgery, but longer-term outcomes appear to be similar⁵⁷

Early vs. Late VNS

• People who are treated earlier with VNS may have better outcomes⁶⁵

40

Cost-Effectiveness: Epilepsy

Number of Participants (N) Number of Studies	Findings	Certainty of Evidence	Rationale
Outcome:			
N = 1 hypothetical cohort	VNS was more costly and	⊕○○○	Downgraded 1 level each for risk of
1 cost-utility analysis ⁸⁸	less effective than other strategies for children with tuberous sclerosis complex who have not responded to 2 or 3 AEDs	VERY LOW	bias, indirectness (i.e., tuberous sclerosis complex only) and imprecision (i.e., not assessable)
N = 1,536	VNS was associated with a	⊕○○○	Downgraded 1 level each for risk of
1 budget impact study ⁸⁹	reduction in costs over 5 years compared with AEDs alone	VERY LOW	bias and imprecision (i.e., not assessable)

Note. Cost-utility analyses started at HIGH and budget impact studies as LOW in the GRADE framework. Abbreviations. AED: antiepileptic drug; VNS: vagal nerve stimulation.

Effectiveness and Harms: Depression

2 RCTs (in 3 publications)

- 1 comparing high- vs. lowstimulation VNS⁷⁸
- 1 comparing VNS vs. sham VNS^{85,84}

3 NRSs (in 6 publications)

 Comparing VNS vs. TAU^{56,59,61,} 62.70.74

1 RCT

 Comparing high- vs. lowstimulation tVNS⁸¹

1

Effectiveness and Harms: Depression High- vs. Low-Stimulation VNS

Number of Participants (N) Studies	Findings	Certainty of Evidence	Rationale
High-stimulation	VNS vs. Low-stimulation VNS		
Outcome: Depres	ssion Severity, Measured on the IDS-C		
N = 224 1 RCT ⁷⁸	No difference between 3 VNS stimulation protocols	⊕⊕○○ LOW	Downgraded 1 level each for risk of bias and imprecision (i.e., not assessable)
Outcome: Suicide	9	•	
N = 224 1 RCT ⁷⁸	RR, 0.98; 95% CI, 0.06 to 15.51	⊕○○○ VERY LOW	Downgraded 1 level for risk of bias and 2 levels for imprecision (i.e., very wide CIs)
Outcome: Attem	pted Suicide		
N = 224 1 RCT ⁷⁸	RR, 0.56; 95% CI, 0.17 to 1.86	⊕○○○ VERY LOW	Downgraded 1 level for risk of bias and 2 levels for imprecision (i.e., very wide CIs)
Outcome: Response, Defined as 50% Reduction or More, Measured on the MADRS			
N = 224 1 RCT ⁷⁸	RR, 1.84; 95% CI, 1.07 to 3.18	⊕⊕○○ LOW	Downgraded 1 level each for risk of bias and imprecision (i.e., wide CIs)

Abbreviations. CI: confidence interval; IDS-C: Inventory of Depressive Symptomatology - Clinician version; MADRS: Montgomery-Åsberg Depression Rating Scale; RCT: randomized controlled trial; RR: risk ratio; VNS: vagal nerve stimulation.

Effectiveness and Harms: Depression High- vs. Low-Stimulation VNS

Number of Participants (N) Number of Studies	Findings	Certainty of Evidence	Rationale		
High-stimulation VNS vs. Low-s	timulation VNS				
Outcome: Treatment Withdrawa	als				
N = 224	RR, 0.39;	ФООО	Downgraded 1 level for risk of bias and 2		
1 RCT ⁷⁸	95% CI, 0.08 to 1.98	VERY LOW	levels for imprecision (i.e., very wide CIs)		
Outcome: Voice Alteration or H	Outcome: Voice Alteration or Hoarseness				
N = 224	RR, 1.19;	$\Theta\Theta\bigcirc\bigcirc$	Downgraded 1 level each for risk of bias and		
1 RCT ⁷⁸	95% CI, 0.95 to 1.49	LOW	imprecision (i.e., wide CIs)		
Outcome: Cough		,			
N = 224	RR, 1.02;	0000	Downgraded 1 level for risk of bias and 2		
1 RCT ⁷⁸	95% CI, 0.56 to 1.86	VERY LOW	levels for imprecision (i.e., very wide Cls)		
Outcome: Dyspnea					
N = 224	RR, 1.13;	ФООО	Downgraded 1 level for risk of bias and 2		
1 RCT ⁷⁸	95% CI, 0.68 to 1.88	VERY LOW	levels for imprecision (i.e., very wide CIs)		

 $Abbreviations. \ CI: confidence\ interval;\ RCT: randomized\ controlled\ trial;\ RR:\ risk\ ratio;\ VNS:\ vagal\ nerve\ stimulation.$

44

Effectiveness and Harms: Depression High- vs. Low-Stimulation VNS

Number of Participants (N)	Findings	Certainty of	Rationale		
Number of Studies	i iliuliiga	Evidence	Rationale		
High-stimulation VNS vs. Low-s	High-stimulation VNS vs. Low-stimulation VNS				
Outcome: Pain					
N = 224	RR, 1.65;	$\oplus \oplus \bigcirc \bigcirc$	Downgraded 1 level each for risk of bias and		
1 RCT ⁷⁸	95% CI, 0.99 to 2.74	LOW	imprecision (i.e., wide CIs)		
Outcome: Paresthesias					
N = 224	RR, 1.24;	\oplus	Downgraded 1 level for risk of bias and 2		
1 RCT ⁷⁸	95% CI, 0.74 to 2.07	VERY LOW	levels for imprecision (i.e., very wide CIs)		
Outcome: Nausea	Outcome: Nausea				
N = 224	RR, 0.59;	\oplus	Downgraded 1 level for risk of bias and 2		
1 RCT ⁷⁸	95% CI, 0.21 to 1.65	VERY LOW	levels for imprecision (i.e., very wide Cls)		
Outcome: Headache					
N = 224	RR, 1.09;	ФООО	Downgraded 1 level for risk of bias and 2		
1 RCT ⁷⁸	95% CI, 0.52 to 2.27	VERY LOW	levels for imprecision (i.e., very wide CIs)		

Abbreviations. CI: confidence interval; RCT: randomized controlled trial; RR: risk ratio; VNS: vagal nerve stimulation.

Effectiveness and Harms: Depression High- vs. Low-Stimulation VNS

- High-stimulation VNS, when compared with low-stimulation VNS:
 - Did not reduce depression severity (low-quality evidence from 1 RCT)
 - Did not lower rates of suicide or attempted suicide (very-low-quality evidence from 1 RCT)
 - Higher rates of response, defined as 50% MADRS reduction (low-quality evidence from 1 RCT).
 - Similar number of withdrawals (very-low-quality evidence from 1 RCT)
 - Similar levels of voice alteration or hoarseness (low-quality evidence from 1 RCT)
 - Similar rates of cough, dyspnea, pain, paresthesias, nausea, and headache (very-low-quality evidence from 1 RCT)

46

Effectiveness and Harms: Depression VNS vs. Sham VNS

Number of Participants (N)	Findings	Certainty of Evidence	Rationale
Studies		LVIUETICE	
VNS vs. Sham VN	NS		
Outcome: Depre	ssion Severity, Measured on the HRS	SD	
N = 222	Estimated difference -0.77;	$\oplus \oplus \oplus \bigcirc$	Downgraded 1 level for risk of bias
1 RCT ⁸⁵	95% CI, -2.34 to 0.80	MODERATE	
Outcome: Depre	ssion Severity, Measured on the IDS	-SR	
N = 222	Estimated difference -2.37;	$\oplus \oplus \oplus \bigcirc$	Downgraded 1 level for risk of bias
1 RCT ⁸⁵	95% CI, -4.78 to 0.03	MODERATE	
Outcome: Suicide	e		
N = 235	RR, 2.92; 95% CI, 0.12 to 71.08	⊕○○○	Downgraded 1 level for risk of bias and 2
1 RCT ⁸⁵		VERY LOW	levels for imprecision (i.e., very wide CIs)
Outcome: Response, Defined as 50% Reduction or More, Measured on the MADRS			
N = 222	RR, 1.39; 95% CI, 0.70 to 2.78	⊕○○○	Downgraded 1 level for risk of bias and 2
1 RCT ⁸⁵		VERY LOW	levels for imprecision (i.e., very wide CIs)

Abbreviations. Cl: confidence interval; HRSD: Hamilton Rating Scale for Depression; IDS-SR: Inventory of Depressive Symptomatology - Self Report version; RCT: randomized controlled trial; RR: risk ratio; VNS: vagal nerve stimulation.

Effectiveness and Harms: Depression VNS vs. Sham VNS

Number of Participants (N)	Findings	Certainty of	Rationale
Number of Studies	rilidiligs	Evidence	Rationale
VNS vs. Sham VNS			
Outcome: Treatment Withd	rawals		
N = 222	RR, 6.88; 95% CI, 0.36 to 131.58		Downgraded 1 level for risk of bias and 2
1 RCT ⁸⁵		VERY LOW	levels for imprecision (i.e., very wide CIs)
Outcome: Voice Alteration	or Hoarseness	·	
N = 235	RR, 1.79; 95% CI, 1.27 to 2.54	$\Theta \oplus \Theta \bigcirc$	Downgraded 1 level for risk of bias
1 RCT ⁸⁵		MODERATE	
Outcome: Cough			
N = 235	RR, 3.10; 95% CI, 1.36 to 7.07	$\Theta \oplus \Theta \bigcirc$	Downgraded 1 level for risk of bias
1 RCT ⁸⁵		MODERATE	
Outcome: Dyspnea			
N = 235	RR, 1.64; 95% CI, 0.78 to 3.45	$\oplus \oplus \bigcirc \bigcirc$	Downgraded 1 level each for risk of bias and
1 RCT ⁸⁵		LOW	imprecision (i.e., wide CIs)

Abbreviations. Cl: confidence interval; HRSD: Hamilton Rating Scale for Depression; IDS-SR: Inventory of Depressive Symptomatology - Self Report version; RCT: randomized controlled trial; RR: risk ratio; VNS: vagal nerve stimulation.

Effectiveness and Harms: Depression VNS vs. Sham VNS

Number of Participants (N)	Findings	Certainty of	Rationale	
Number of Studies		Evidence		
VNS vs. Sham VNS				
Outcome: Pain				
N = 235	RR, 2.03; 95% CI, 0.88 to 4.70	$\oplus \oplus \bigcirc \bigcirc$	Downgraded 1 level each for risk of bias and	
1 RCT ⁸⁵		LOW	imprecision (i.e., wide CIs)	
Outcome: Paresthesias				
N = 235	RR, 1.54; 95% CI, 0.63 to 3.75	\oplus	Downgraded 1 level for risk of bias and 2	
1 RCT ⁸⁵		VERY LOW	levels for imprecision (i.e., very wide Cls)	
Outcome: Nausea				
N = 235	RR, 2.11; 95% CI, 0.62 to 7.20	\oplus	Downgraded 1 level for risk of bias and 2	
1 RCT ⁸⁵		VERY LOW	levels for imprecision (i.e., very wide Cls)	
Outcome: Headache				
N = 235	Not reported		_	
1 RCT ⁸⁵				

 $Abbreviations. \ CI: confidence\ interval;\ RCT: randomized\ controlled\ trial;\ RR: risk\ ratio;\ VNS:\ vagal\ nerve\ stimulation.$

Effectiveness and Harms: Depression VNS vs. Sham VNS

- VNS, when compared with sham VNS:
 - Not associated with reduced depression severity (moderate-quality evidence from 1 RCT)
 - Not associated with lower rates of suicides (very-low-quality evidence from 1 RCT)
 - Similar rates of response, defined as 50% MADRS reduction (very-low-quality evidence from 1 RCT)
 - Similar number of withdrawals (very-low-quality evidence from 1 RCT)
 - Higher levels of voice alteration or hoarseness and cough (moderatequality evidence from 1 RCT)
 - Similar levels of dyspnea and pain (low-quality evidence from 1 RCT)
 - Similar rates of paresthesias and nausea (very-low-quality evidence from 1 RCT)

Effectiveness and Harms: Depression VNS vs. Treatment as Usual

Number of Participants (N) Studies	Findings	Certainty of Evidence	Rationale	
VNS+TAU vs. TA	AU	•		
Outcome: Mean	Difference in Reduction of Depressive Symptoms, Measur	ed on the IDS-	SR	
N = 329	VNS+TAU was associated with a greater reduction in depressive symptoms than TAU alone; however, the	⊕○○○ VERY LOW	Downgraded 1 level each for risk of bias and imprecision (i.e., not assessable)	
1 NRS ⁶²	difference may not be clinically meaningful	VLN1 LOW	imprecision (i.e., not assessable)	
Outcome: Respo	nse, Defined as 50% Reduction or More, Measured on the	IDS-SR		
N = 329	VNS+TAU was associated with a higher rate of response	\oplus	Downgraded 1 level each for risk of bias and	
1 NRS ⁶²	than TAU alone	VERY LOW	imprecision (i.e., not assessable)	
Outcome: Attern	pted Suicide or Self-inflicted Injury			
N = 12,853	VNS may be associated with higher rates of attempted	⊕○○○	Downgraded 1 level each for risk of bias and	
1 NRS ⁶¹	suicide or self-inflicted injury, but this may reflect	VERY LOW	imprecision (i.e., not assessable)	
	greater severity of depression			
Outcome: Mortality				
N = 13,648	VNS may be associated with lower mortality rates, but	Ф ООО	Downgraded 1 level each for risk of bias,	
2 NRS ^{56,61}	study results are not consistent	VERY LOW	inconsistency, and imprecision (i.e., not assessable)	

Note. Nonrandomized studies start at LOW in the GRADE framework. Abbreviations. IDS-SR: Inventory of Depressive Symptomatology - Self Report version; NRS: nonrandomized study; TAU: treatment as usual; VNS: vagal nerve stimulation.

Effectiveness and Harms: Depression VNS vs. Treatment as Usual

Number of Participants (N) Number of Studies	Findings		Rationale		
VNS vs. TAU					
Outcome: Treatment Withd	Outcome: Treatment Withdrawals				
N = 222	Treatment completion rates were higher in the	\oplus	Downgraded 1 level each		
1 NRS ⁵⁶	VNS+TAU group than in the TAU group, but formal statistical testing was not conducted	VERY LOW	for risk of bias and for imprecision (i.e., wide CIs)		

Abbreviations. CI: confidence interval; NRS: nonrandomized study; RCT: randomized controlled trial; RR: risk ratio; TAU: treatment as usual; VNS: vagal nerve stimulation.

52

Effectiveness and Harms: Depression VNS vs. Treatment as Usual

- VNS, when compared with TAU:
 - More effective in reducing depression symptoms than TAU alone (very-low-quality evidence from 1 NRS)
 - May be associated with higher rates of response than TAU alone (very-low-quality evidence from 1 NRS)
 - May be associated with higher rates of attempted suicide or self-inflicted injury, but the evidence is very uncertain and may reflect greater severity of depression in the VNS group (very-low-quality evidence from 1 NRS)
 - May be associated with lower mortality rates, but study results are not consistent (very-low-quality evidence from 2 NRS)
 - Higher study completion rates than TAU (very-low-quality evidence from 1 NRS)

Effectiveness and Harms: Depression tVNS vs. Sham tVNS

Number of Participants (N)	Findings	Certainty of	Rationale	
Number of Studies	Findings	Evidence	Kationale	
tVNS vs. Sham tVNS				
Outcome: Depression Severit	y, Measured on the HRSD			
N = 37	No difference between	$\Theta\ThetaOO$	Downgraded 1 level each for risk of bias	
1 RCT ⁸¹	tVNS and sham VNS	LOW	and imprecision (i.e., not assessable)	
Outcome: Depression Severity, Measured on the BDI				
N = 37	tVNS was associated with a	$\Theta\ThetaOO$	Downgraded 1 level each for risk of bias	
1 RCT ⁸¹	clinically meaningful change	LOW	and imprecision (i.e., not assessable)	
	in depression			

 $Abbreviations. \,BDI: \,Beck \,Depression \,Index; \,HRSD: \,Hamilton \,Rating \,Scale \,for \,Depression; \,RCT: \,randomized \,controlled \,trial; \,tVNS: \,transcutaneous \,VNS; \,VNS: \,vagal \,nerve \,stimulation.$

54

Effectiveness and Harms: Depression tVNS vs. Sham tVNS

Number of Participants (N)	Findings	Certainty of	Rationale		
Number of Studies	Filiuligs	Evidence	Rationale		
tVNS vs. Sham tVNS					
Outcome: Overall Adverse E	vents				
N = 37	No adverse events were	ФООО	Downgraded 1 level each for risk of		
1 RCT ⁸¹	observed or reported	VERY LOW	bias, indirectness (i.e., not reported		
			by specific adverse event), and		
			imprecision (i.e., not assessable)		

 $Abbreviations.\ RCT: randomized\ controlled\ trial;\ tVNS:\ transcutaneous\ VNS;\ VNS:\ vagal\ nerve\ stimulation.$

Effectiveness and Harms: Depression tVNS vs. Sham tVNS

- tVNS, when compared with sham tVNS:
 - May be associated with meaningful changes in depression; however, this effect was not consistently reported across different measurement scales (low-quality evidence from 1 RCT)
 - It is not clear what adverse events are associated with tVNS (very-low-quality evidence from 1 RCT)

56

Effectiveness and Harms by Subgroup: Depression Prior ECT Treatment • Patients who had been treated with ECT (regardless of response) had higher response rates than patients in the TAU group⁵⁶ Comorbid Anxiety • Individuals with comorbid anxiety had similar rates of response to VNS to those without comorbid anxiety disorders⁵⁶ Type of Depression • The effectiveness of VNS did not appear to differ by type of depression (unipolar vs. bipolar)^{56,62,84} • Mortality rates were significantly lower in the VNS group than the TRD and managed depression groups overall, but not for the subgroup of people under 40 years of age⁶¹

Cost-Effectiveness: Depression

 We did not identify any eligible studies reporting the economic outcomes of VNS or tVNS for depression

58

FDA Reported Harms for Epilepsy and Depression

- 397 entries in the MAUDE database
 - Voluntary, user facility, distributor, and manufacturer reports of adverse events relating to VNS use in the last 5 years
 - Types of adverse events appeared similar to those reported in our eligible studies for epilepsy and depression
- 26 recalls documented in the Medical Device Recall database
 - Errors in impedance measurements
 - Unintended warning messages
 - Miscalculations resulting in inappropriate VNS stimulation (both higher and lower levels of stimulation than expected)
 - Reductions in device and battery longevity
 - Lead fractures

Specific Adverse Events: Bradycardia

- In 1 RCT comparing VNS and sham VNS⁸⁵
 - 1 patient experienced bradycardia during surgery in the VNS group
- From the MAUDE database records
 - 9 cases of bradycardia post surgery
 - 3 cases of bradycardia during surgery

60

FDA Medical Device Recall: Class I

- In December 2019, the FDA issued a Class I recall
 - Most serious type of recall, where problems with the recalled devices may cause serious injuries or death
- LivaNova is recalling the VNS Therapy SenTiva Generator System
 - Unintended reset error that causes the system to stop delivering VNS therapy
- Issued guidance to patients and providers
 - Monitoring of VNS effectiveness and level of stimulation
 - Review of programming
 - Information on alternative treatments

FDA Medical Device Recall: Update

Device	Class of Recall	Manufacturer	Reason
VNS Therapy Programmer	2	LivaNova USA Inc	False positive warning may occur after: 1) VNS Generator interrogated at 0mA normal output current 2) Generator programmed to non-0mA output current 3) In-session re-interrogation performed. Users instructed to lower output current and widen pulse width. Only system diagnostic testing evaluates output current. Users may conclude device malfunction, could lead to medical/surgical intervention.
VNS Therapy SenTiva Generator Model 1000	2	LivaNova USA Inc	Firm identified a subset of its generators that were sterilized one additional sterilization cycle, which does not meet the firm's quality specifications.
Cyberonics VNS Therapy AspireSR, Model 106 Generator	2	LivaNova USA Inc	This recall is an expansion of Z-3019-2017 and Z-3020-2017, which was initiated to fix the devices premature battery depletion, caused by electrical leakage on the circuit board assemblies of the Models 105 and 106 generators. *Note this recall occurred in November 2018.
Cyberonics VNS Therapy AspireHC Model 105 Generator	2	LivaNova USA Inc	This recall is an expansion of Z-3019-2017 and Z-3020-2017, which was initiated to fix the devices premature battery depletion, caused by electrical leakage on the circuit board assemblies of the Models 105 and 106 generators. *Note this recall occurred in November 2018.
VNS Therapy SenTiva Generator, Model 1000	1	LivaNova USA Inc	Certain Model 1000 generators (SN = 100,000) have experienced unexpected device resets, which resulted in disablement of therapy. Fourteen (14) complaints have been reported. Each of the device resets occurred within 60 days of enabling therapy. Once the device is disabled, therapy can be re-enabled, but the device will continue to be susceptible to resets. If a device experiences this issue and is disabled, patients may return to baseline seizure or depressive symptoms.

62

Clinical Practice Guidelines and Payer Coverage Policies



Clinical Practice Guidelines: Epilepsy

6 relevant guidelines

2 good-methodologicalquality

- National Institute for Health and Care Excellence (NICE), 2012⁹³
- Scottish Intercollegiate Guidelines Network (SIGN), 2015⁹⁴

1 fair-methodologicalquality

 Task Force Report for the International League Against Epilepsy (ILAE) Commission of Pediatrics, 2015⁹⁵

3 poor-methodologicalquality

- Australian Government Medical Services Advisory Committee (MSAC), 2016⁹¹
- Epilepsy Implementation Task Force, 2016⁹²
- Wirrel et al. on behalf of a North American Consensus Panel, 2017⁹⁶

6/

Clinical Practice Guidelines: Epilepsy

NICE and SIGN

• Recommended VNS as adjunctive therapy for adults with drug-resistant epilepsy who are not suitable candidates for surgery

NICE

•Also recommended VNS an adjunctive therapy for children and young people who are refractory to antiepileptic medication, but who are not suitable candidates for resective surgery

NICE stated that VNS is an option for adults and children whose epileptic disorder is dominated by focal seizures (with or without secondary generalization) or generalized seizures

Task Force Report for the ILAE Commission of Pediatrics

 Recommended that infants with medically refractory seizures who are not suitable candidates for epilepsy surgery may be considered for VNS

Recommendations from other guidelines also supported the use of VNS for adults and children whose seizures do not respond to other therapies (changes in AEDs, surgery, and the ketogenic diet for children)

Clinical Practice Guidelines: Depression

5 relevant guidelines

1 good-methodologicalquality

 Working Group of the Clinical Practice Guideline on the Management of Depression in Adults, 2014¹⁰¹

3 fair-methodologicalquality

- Canadian Network for Mood and Anxiety Treatments, 2016⁹⁷
- Department of Veterans Affairs, Department of Defense, 2016⁹⁸
- Royal Australian and New Zealand College of Psychiatrists, 2015¹⁰⁰

1 poor-methodologicalquality

 Australian Government Medical Services Advisory Committee (MSAC), 2018⁹⁹

66

Clinical Practice Guidelines: Depression

Working Group of the Clinical Practice Guideline on the Management of Depression in Adults

 VNS outside the scope of research discouraged due to the invasive nature of procedure, and uncertainty about efficacy and adverse effects

Department of Veterans Affairs and Department of Defense

 Recommended against offering VNS for patients with major depressive disorder (MDD), including patients with severe TRD, outside of a research setting

Canadian Network for Mood and Anxiety Treatments: Neurostimulation \bullet VNS as third-line treatment, after repetitive transcranial magnetic stimulation (first-line) and ECT (second-line) for adults with MDD

Royal Australian and New Zealand College of Psychiatrists

 \bullet No explicit recommendations on the use of VNS

Australian Government Medical Services Advisory Committee

 Did not support public funding for chronic major depressive episodes, noting concerns about safety, evidence of effectiveness, and uncertainty on costeffectiveness

Payer Policies: Epilepsy and Depression

- Overall, there is a high level of agreement across the coverage determinations
 - Medicare and the 3 commercial payers covering VNS for the management of seizures, but not for depression; covering revision or replacement of the implant or battery
- None of the reviewed policies specified any age restrictions
- Centers for Medicare & Medicaid Services (CMS) will cover the use of VNS for TRD if the patient is registered in a CMS-approved study
- All of the commercial payers we reviewed consider the use of tVNS as experimental and investigational

68

Ongoing Studies: Epilepsy

NCT Number Study Name Study Type	Participants	Treatment Groups	Outcomes	Estimated Enrollment	Primary Completion Date
Epilepsy NCT03529045 ¹⁰³ CORE-VNS Prospective registry	Adults and children with drug-resistant epilepsy	VNS only	Seizure frequency Seizure severity Quality of life Sleep AED use Rescue drug use ED visits Hospitalization	2,000	December 2026

Abbreviations. AED: antiepileptic drug; ED: emergency department; NCT: U.S. National Clinical Trial; RCT: randomized controlled trial; VNS: vagal nerve stimulation.

Ongoing Studies: Depression

NCT Number Study Name Study Type	Participants	Treatment Groups	Outcomes	Estimated Enrollment	Primary Completion Date
Depression					
NCT03320304 ¹⁰⁴	Adults with difficult-to-treat	VNS only	Depression Duration of response Mania	500	December 2023
RESTORE-LIFE					
Prospective Registry	depression		Quality of life Functional activity Suicidality Antidepressant treatment Adverse events Cognition Anxiety		
NCT03887715 ¹⁰⁵	Adults with TRD	VNS	Depression	6,800	August 2022
RECOVER	Sham VNS	CI \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	Adverse eventsDisability		
RCT		Sham VNS	• Quality of life		
			Global improvement		
			 Suicidality 		

Abbreviations. NCT: U.S. National Clinical Trial; RCT: randomized controlled trial; TRD: treatment-resistant depression; VNS: vagal nerve stimulation.

70

Conclusions



Conclusions: Epilepsy

- VNS is an effective treatment option for people with drug-resistant epilepsy who are not eligible for surgery
- There is a lack of evidence on the costeffectiveness of VNS for epilepsy
- There is a lack of evidence on the use of tVNS for epilepsy
- Guidelines and commercial coverage policies are supportive of VNS for epilepsy
- Policymakers will need to consider whether the current coverage policy should align the lower age of VNS use with the policy of the FDA



Source. Medical News Today

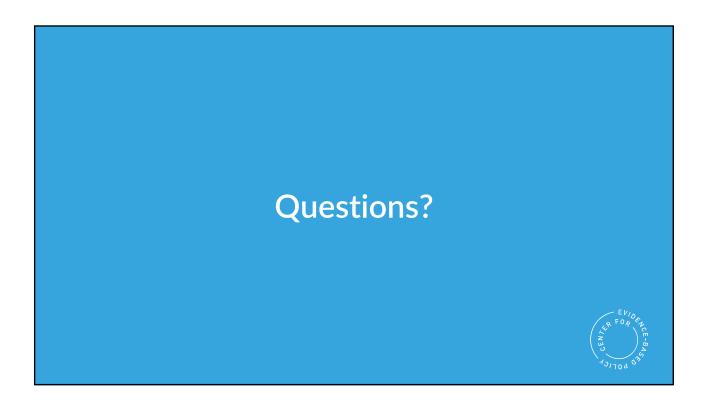
72

Conclusions: Depression

- VNS may be an effective treatment option for people with TRD who have not responded to other treatments
- There is no evidence on the costeffectiveness of VNS for TRD
- There is a lack of evidence on tVNS for TRD
- Guidelines and commercial coverage policies are generally not supportive of VNS for TRD
- Policymakers will need to consider whether the current coverage policy should be changed in light of the evidence from this report



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Additional Slides



Cost-Effectiveness: Epilepsy

- Model inputs
 - All costs are presented in 2016 U.S. dollars
 - Costs per person

Cost Component	Without VNS	With VNS	Assumptions
Device-related Costs			
VNS system device (generator, lead, tunneler)	NA	\$36,239	Assumes each patient receives 1 implant
Procedure for full system placement	NA	\$2,661	Estimate based on 1.5 hours of surgical time
Neurologist visits for programming	NA	\$319	Based on national average cost for neurologist visit for programming Assumes 3 neurologist visits
Battery (generator) replacement (per person per year)	NA	\$2,178	Sum of battery cost, procedure cost (30 mins of surgical time) and neurologist visit for reprogramming Assumes 50% of patients will have a battery replacement at 7 years

Abbreviations. NA; not applicable; VNS: vagal nerve stimulation. Source. Adapted from Purser MF, Mladsi DM, Beckman A, Barion F, Forsey J. 2018;35(10):1686-1696. doi: 10.1007/s12325-018-0775-0

Cost-Effectiveness: Epilepsy

Cost Component	Without VNS	With VNS	Assumptions
Adverse Event-related Costs	S		
Neurologist visit for cough (one-time cost)	\$0	\$40	Incidence of 37.5% x unit cost of \$106
Neurologist visit for voice alteration (one-time cost)	\$0	\$42	Incidence of 39.7% x unit cost of \$106
Surgical site infection, resulting in device removal (one-time cost)	NA	\$95	Incidence of 2.8% x unit cost of \$3,397
AED Costs			
AEDs (cost per year)	\$6,502	\$6,502	Average cost calculated as the average daily cost of lacosamide, lamotrigine, topiramate, oxcarbazepine, levetiracetam, carbamazepine, tiagabine Assumes that 2 AEDs are used per day Assumes no change in the number of AEDs with VNS

Abbreviations. AED: antiepileptic drugs; NA: not applicable; VNS: vagal nerve stimulation. Source. Adapted from Purser MF, Mladsi DM, Beckman A, Barion F, Forsey J. 2018;35(10):1686-1696. doi: 10.1007/s12325-018-0775-0

86

Clinical Practice Guidelines: Depression Populations

Working Group of the Clinical Practice Guideline on the Management of Depression in Adults

- Adults with TRD, but no clear definition
- Care pathway does include behavioural therapies, medication, and review if response not adequate

Department of Veterans Affairs and Department of Defense

• Patients with MDD, including patients with severe TRD

Canadian Network for Mood and Anxiety Treatments: Neurostimulation

 Adults with unipolar depression who have failed 1 at least 1 antidepressant and in whom first-line therapy (rTMS) and second-line therapy (ECT or transcranial direct current stimulation) has failed or is not appropriate

Royal Australian and New Zealand College of Psychiatrists People, including children, with MDD, bipolar disorders, and mood disorders with complex presentations

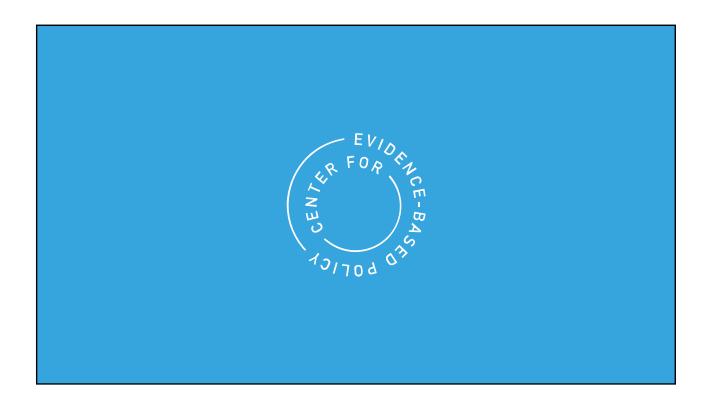
Australian Government Medical Services Advisory Committee

• People with MDD who have not had an adequate response to 4 or more appropriate antidepressant treatments

Abbreviations. ECT: electroconvulsive therapy; MDD: major depressive disorder; rTMS: repetitive transcranial magnetic stimulation; TRD: treatment-resistant depression.

NCT03887715: RECOVER

- NCT RECOVER
- CMS Decision Memo on VNS for Depression



HTCC Coverage and Reimbursement Determination Analytic Tool

HTA's goal is to achieve *better health care outcomes* for enrollees and beneficiaries of state programs by paying for proven health *technologies that work*.

To find best outcomes and value for the state and the patient, the HTA program focuses on three guestions:

- 1. Is it safe?
- 2. Is it effective?
- 3. Does it provide value (improve health outcome)?

The principles HTCC uses to review evidence and make determinations are:

Principle One: Determinations are evidence-based

HTCC requires scientific evidence that a health technology is safe, effective and cost-effective¹ as expressed by the following standards²:

- Persons will experience better health outcomes than if the health technology was not covered and that the benefits outweigh the harms.
- The HTCC emphasizes evidence that directly links the technology with health outcomes. Indirect evidence may be sufficient if it supports the principal links in the analytic framework.
- Although the HTCC acknowledges that subjective judgments do enter into the evaluation of evidence and the weighing of benefits and harms, its recommendations are not based largely on opinion.
- The HTCC is explicit about the scientific evidence relied upon for its determinations.

Principle Two: Determinations result in health benefit

The outcomes critical to HTCC in making coverage and reimbursement determinations are health benefits and harms³:

- In considering potential benefits, the HTCC focuses on absolute reductions in the risk of outcomes that people can feel or care about.
- In considering potential harms, the HTCC examines harms of all types, including physical, psychological, and non-medical harms that may occur sooner or later as a result of the use of the technology.
- Where possible, the HTCC considers the feasibility of future widespread implementation of the technology in making recommendations.

¹ Based on Legislative mandate: See RCW 70.14.100(2).

² The principles and standards are based on USPSTF Principles at: http://www.ahrq.gov/clinic/ajpmsuppl/harris3.htm

³ The principles and standards are based on USPSTF Principles at: http://www.ahrq.gov/clinic/ajpmsuppl/harris3.htm

- The HTCC generally takes a population perspective in weighing the magnitude of benefits against the magnitude of harms. In some situations, it may make a determination for a technology with a large potential benefit for a small proportion of the population.
- In assessing net benefits, the HTCC subjectively estimates the indicated population's value for each benefit and harm. When the HTCC judges that the balance of benefits and harms is likely to vary substantially within the population, coverage or reimbursement determinations may be more selective based on the variation.
- The HTCC considers the economic costs of the health technology in making determinations, but costs are the lowest priority.

Using evidence as the basis for a coverage decision

Arrive at the coverage decision by identifying for Safety, Effectiveness, and Cost whether (1) evidence is available, (2) the confidence in the evidence, and (3) applicability to decision.

1. Availability of evidence:

Committee members identify the factors, often referred to as outcomes of interest, that are at issue around safety, effectiveness, and cost. Those deemed key factors are ones that impact the question of whether the particular technology improves health outcomes. Committee members then identify whether and what evidence is available related to each of the key factors.

2. Sufficiency of the evidence:

Committee members discuss and assess the evidence available and its relevance to the key factors by discussion of the type, quality, and relevance of the evidence⁴ using characteristics such as:

- Type of evidence as reported in the technology assessment or other evidence presented to committee (randomized trials, observational studies, case series, expert opinion);
- The amount of evidence (sparse to many number of evidence or events or individuals studied);
- Consistency of evidence (results vary or largely similar);
- Recency (timeliness of information);
- Directness of evidence (link between technology and outcome);
- Relevance of evidence (applicability to agency program and clients);
- Bias (likelihood of conflict of interest or lack of safeguards).

Sufficiency or insufficiency of the evidence is a judgment of each clinical committee member and correlates closely to the GRADE confidence decision.

Not Confident	Confident
Appreciable uncertainty exists. Further information is needed or further information is likely to change confidence.	Very certain of evidentiary support. Further information is unlikely to change confidence

⁴ Based on GRADE recommendation: http://www.gradeworkinggroup.org/FAQ/index.htm.

3. Factors for Consideration - Importance

At the end of discussion a vote is taken on whether sufficient evidence exists regarding the technology's safety, effectiveness, and cost. The committee must weigh the degree of importance that each particular key factor and the evidence that supports it has to the policy and coverage decision. Valuing the level of importance is factor or outcome specific but most often include, for areas of safety, effectiveness, and cost:

- Risk of event occurring;
- The degree of harm associated with risk;
- The number of risks; the burden of the condition;
- Burden untreated or treated with alternatives;
- The importance of the outcome (e.g. treatment prevents death vs. relief of symptom);
- The degree of effect (e.g. relief of all, none, or some symptom, duration, etc.);
- Value variation based on patient preference.

Clinical committee findings and decisions

Efficacy considerations

- What is the evidence that use of the technology results in more beneficial, important health outcomes? Consider:
 - Direct outcome or surrogate measure
 - Short term or long term effect
 - Magnitude of effect
 - Impact on pain, functional restoration, quality of life
 - Disease management
- What is the evidence confirming that use of the technology results in a more beneficial outcome, compared to no treatment or placebo treatment?
- What is the evidence confirming that use of the technology results in a more beneficial outcome, compared to alternative treatment?
- What is the evidence of the magnitude of the benefit or the incremental value?
- Does the scientific evidence confirm that use of the technology can effectively replace other technologies or is this additive?
- For diagnostic tests, what is the evidence of a diagnostic tests' accuracy?
 - Does the use of the technology more accurately identify both those with the condition being evaluated and those without the condition being evaluated?
- Does the use of the technology result in better sensitivity and better specificity?
- Is there a tradeoff in sensitivity and specificity that on balance the diagnostic technology is thought to be more accurate than current diagnostic testing?
- Does use of the test change treatment choices?

Safety

- What is the evidence of the effect of using the technology on significant morbidity?
 - Frequent adverse effect on health, but unlikely to result in lasting harm or be lifethreatening, or;
 - Adverse effect on health that can result in lasting harm or can be life-threatening?
- Other morbidity concerns?
- Short term or direct complication versus long term complications?
- What is the evidence of using the technology on mortality does it result in fewer adverse non-fatal outcomes?

Cost impact

• Do the cost analyses show that use of the new technology will result in costs that are greater, equivalent or lower than management without use of the technology?

Overall

- What is the evidence about alternatives and comparisons to the alternatives?
- Does scientific evidence confirm that use of the technology results in better health outcomes than management without use of the technology?

Next step: Cover or no cover

If not covered, or covered unconditionally, the chair will instruct staff to write a proposed findings and decision document for review and final adoption at the following meeting.

Next step: Cover with conditions

If covered with conditions, the committee will continue discussion.

- 1) Does the committee have enough information to identify conditions or criteria?
 - Refer to evidence identification document and discussion.
 - Chair will facilitate discussion, and if enough members agree, conditions and/or criteria will be identified and listed.
 - Chair will instruct staff to write a proposed findings and decision document for review and final adoption at next meeting.
- 2) If not enough or appropriate information, then Chair will facilitate a discussion on the following:
 - What are the known conditions/criteria and evidence state
 - What issues need to be addressed and evidence state

The chair will delegate investigation and return to group based on information and issues identified. Information known but not available or assembled can be gathered by staff; additional clinical questions may need further research by evidence center or may need ad hoc advisory group; information on agency utilization, similar coverage decisions may need agency or other health plan input; information on current practice in community or beneficiary preference may need further public input. Delegation should include specific instructions on the task, assignment or issue; include a time frame; provide direction on membership or input if a group is to be convened.

Clinical committee evidence votes

First voting question

The HTCC has reviewed and considered the technology assessment and information provided by the administrator, reports and/or testimony from an advisory group, and submissions or comments from the public. The committee has given greatest weight to the evidence it determined, based on objective factors, to be the most valid and reliable.

Discussion document: What are the key factors and health outcomes and what evidence is there? (Applies to the population in the PICO for this review)

Safety outcomes	Importance of outcome	Safety evidence/ confidence in evidence
harms directly related to VNS (e.g., infection or hoarseness)		
reimplantation		
failure rate		

Efficacy – effectiveness outcomes	Importance of outcome	Efficacy / Effectiveness evidence
Epilepsy		
Primary outcome: • seizure frequency		
Secondary outcomes:		
Depression		
Primary outcome: • depression severity (measured using a validated tool)		
Secondary outcomes:		

Efficacy – effectiveness outcomes	Importance of outcome	Efficacy / Effectiveness evidence
 remission and duration of remission; treatment withdrawal; compliance with other depression treatments; anxiety (measured using a validated tool); cognitive changes (e.g., memory); quality of life (measured using a validated tool), including sleep 		

Cost outcomes	Importance of outcome	Cost evidence
Cost utility outcomes (e.g., cost per QALY, ICER)		
Cost effectiveness (e.g., cost per improved outcome)		

Special population / Considerations outcomes	Importance of outcome	Special populations/ Considerations evidence
Age		
Race		
Gender		
Ethnicity		

For safety:

Is there sufficient evidence that the technology is safe for the indications considered?

Unproven	Less	Equivalent	More in some	More in all
(no)	(yes)	(yes)	(yes)	(yes)

For efficacy/ effectiveness:

Is there sufficient evidence that the technology has a meaningful impact on patients and patient care?

Unproven	Less	Equivalent (yes)	More in some	More in all
(no)	(yes)		(yes)	(yes)

For cost outcomes/ cost-effectiveness:

Is there sufficient evidence that the technology is cost-effective for the indications considered?

Unproven	Less	Equivalent (yes)	More in some	More in all
(no)	(yes)		(yes)	(yes)

Discussion

Based on the evidence vote, the committee may be ready to take a vote on coverage or further discussion may be warranted to understand the differences of opinions or to discuss the implications of the vote on a final coverage decision.

- Evidence is insufficient to make a conclusion about whether the health technology is safe, efficacious, and cost-effective;
- Evidence is sufficient to conclude that the health technology is unsafe, ineffectual, or not cost-effective
- Evidence is sufficient to conclude that the health technology is safe, efficacious, and cost-effective for all indicated conditions;
- Evidence is sufficient to conclude that the health technology is safe, efficacious, and cost-effective for some conditions or in some situations

A straw vote may be taken to determine whether, and in what area, further discussion is necessary.

Second Vote

Based on the evidence	about the technologies' saf	tety, efficacy, and cost-effectiveness, it is
Not covered	Covered unconditionally	/ Covered under certain conditions

Discussion item

Is the determination consistent with identified Medicare decisions and expert guidelines, and if not, what evidence is relied upon.

Next step: proposed findings and decision and public comment

At the next public meeting the committee will review the proposed findings and decision and consider any public comments as appropriate prior to a vote for final adoption of the determination.

- 1) Based on public comment was evidence overlooked in the process that should be considered?
- 2) Does the proposed findings and decision document clearly convey the intended coverage determination based on review and consideration of the evidence?

Next step: final determination

Following review of the proposed findings and decision document and public comments:

Final vote

Does the committee approve the Findings and Decisions document with any changes noted in discussion?

If yes, the process is concluded.

If no, or an unclear (i.e., tie) outcome chair will lead discussion to determine next steps.

Medicare Coverage and Guidelines

[From page 78 of final evidence report]

We identified 1 Medicare NCD on the use of VNS.₂ The NCD is currently under review with consideration of new criteria for VNS in depression.₂ We did not identify any Medicare Local Coverage Determinations related to VNS.

The NCD currently states that:

- VNS is reasonable and necessary for patients with medically refractory partial onset seizures for whom surgery is not recommended or for whom surgery has failed.
- VNS is not reasonable and necessary for all other types of seizure disorders which are medically refractory and for whom surgery is not recommended or for whom surgery has failed.

On February 15, 2019, CMS issued an NCD that covers FDA-approved VNS devices for TRD through Coverage with Evidence Development. This requires patients to be entered into a CMS-approved, double-blind, randomized, placebo-controlled trial with a follow-up duration of at least 1 year (Appendix H) with the possibility of extending the study to a prospective longitudinal study when the CMS-approved, double-blind, randomized placebo-controlled trial has completed enrollment, and there are positive interim findings. Prior to this proposed amendment, CMS stated that VNS was not reasonable and necessary for TRD. The use of VNS for other forms of depression and for use outside of a clinical trial will remain noncovered. At the time of writing this report, only 1 trial is approved by CMS (NCT03887715; Table 22). 102

CMS also proposed that VNS device replacement be covered, if required due to the end of battery life or any other device-related malfunction, in patients implanted with a VNS device for TRD.2

Clinical Practice Guidelines

[From page 72 of final evidence report]

Epilepsy

We identified 6 eligible guidelines on the use of VNS or tVNS for epilepsy (Table 20).91-96 We included any guideline that met basic eligibility criteria and discussed the use of VNS or tVNS for any type of epilepsy. We assessed 3 clinical practice guidelines91,92,96 as having poor methodological quality due to serious concerns about the rigor of the evidence development and recommendation generation. We assessed the clinical practice guidelines from Task Force Report for the International League Against Epilepsy (ILAE) Commission of Pediatrics95 as having fair methodological quality due to concerns about stakeholder involvement and the clarity and presentation. We assessed the clinical practice guidelines from the U.K.'s National Institute for Health and Care Excellence93 (NICE) and the Scottish Intercollegiate Guidelines Network (SIGN) as being of good methodological quality.94

Both of the good-methodological-quality guidelines, from NICE and SIGN,93,94 recommended VNS as adjunctive therapy for adults with drug-resistant epilepsy who are not suitable for surgery. NICE also recommended VNS an adjunctive therapy for children and young people who are refractory to antiepileptic medication but who are not suitable for resective surgery.93 NICE stated that VNS is an option for adults and children whose epileptic disorder is dominated by focal seizures (with or without secondary generalization) or generalized seizures.93 SIGN was expected to publish a guideline on the diagnosis and management of epilepsy in children in 2019, but at the time of writing this report, no publication was identified.94

The fair-methodological-quality guideline from the Task Force Report for the ILAE Commission of Pediatrics also recommended that infants with medically refractory seizures who are not suitable

candidates for epilepsy surgery may be considered for VNS.95 However, the Task Force did note there were insufficient data to conclude if there is a benefit from intervention with VNS in infants with seizures and the recommendation was therefore based on expert opinion and standard practice, including receiving optimal level of care at specialist facilities.95

Recommendations from the guidelines assessed as poor methodological quality_{91,92,96} also support the use of VNS for adults and children who do not achieve adequate benefit from other epilepsy therapies, such as changes in AEDs, surgery, and particularly for children, the ketogenic diet. Only 1 guideline explicitly recommended against the use of tVNS for drug-resistant epilepsy.92

Depression

We identified 5 eligible guidelines on the use of VNS or tVNS for depression (Table 21).97-101 We included any guideline that met basic eligibility criteria and discussed the use of VNS or tVNS for TRD in adults. We assessed 2 clinical practice guidelines97,99 as having poor-methodological quality due to serious concerns about the rigor of the evidence development and recommendation generation. We assessed the clinical practice guidelines from the Department of Veterans Affairs98 and the Royal Australian and New Zealand College of Psychiatrists100 as having fair-methodological quality due to minor concerns about the rigor of the evidence development and recommendation generation and applicability. We assessed the clinical practice guidelines from the Working Group of the Clinical Practice Guideline on the Management of Depression in Adults as having good methodological quality.101

The Working Group of the Clinical Practice Guideline on the Management of Depression in Adults,101 assessed as good methodological quality, in 2014 recommended that the use of VNS for depression outside the scope of research was discouraged due to the invasive nature of the procedure, and uncertainty about its efficacy and adverse effects. A guideline by the Department of Veterans Affairs and Department of Defense,98 assessed as fair methodological quality, made a similar recommendation, recommending against offering VNS for patients with MDD, including patients with severe TRD, outside of a research setting.98 However, the other 2 fair-methodological-quality guidelines differed from these recommendations. The Canadian Network for Mood and Anxiety Treatments,97 in 2016 recommended VNS as a third-line treatment, after repetitive transcranial magnetic stimulation (first-line treatment) and ECT (second-line treatment) for adults with MDD. The Royal Australian and New Zealand College of Psychiatrists100 in 2015 made no explicit recommendations on the use of VNS for depression. The Australian Government Medical Services Advisory Committee99 did not support public funding of VNS for chronic major depressive episodes, noting concerns about the comparative safety, the limited evidence of clinical effectiveness, and the resulting uncertainty on the comparative cost-effectiveness of VNS.

Table 20. Clinical Practice Recommendations on VNS for Epilepsy

Organization	Topic	Excerpted Recommendation(s)	Status
Good Methodological C			
National Institute for Health and Care Excellence (NICE), 2012 ⁹³	Epilepsies: diagnosis and management	 VNS is indicated for use as an adjunctive therapy in reducing the frequency of seizures in adults who are refractory to antiepileptic medication but who are not suitable for resective surgery. This includes adults whose epileptic disorder is dominated by focal seizures (with or without secondary generalization) or generalized seizures. VNS is indicated for use as an adjunctive therapy in reducing the frequency of seizures in children and young people who are refractory to antiepileptic medication but who are not suitable for resective surgery. This includes children and young people whose epileptic disorder is dominated by focal seizures (with or without secondary generalization) or generalized seizures. 	Recommendations amended in 2012, assessed as current in 2014, but as needing an update in 2018. New evidence from surveillance indicated that for focal seizures, VNS stimulation using a high-stimulation paradigm is significantly better than low-stimulation in reducing frequency of seizures; therefore the evidence on low- vs. high-stimulation VNS should be considered in the update. The update is due to be published in June 2021.
Scottish Intercollegiate Guidelines Network (SIGN), 2015 ⁹⁴	Diagnosis and management of epilepsy in adults	 Referral for assessment for neurosurgical treatment should be considered if the epilepsy is drug resistant. Assessment as to suitability for a potentially curative resective procedure should be made before consideration of palliative procedures such as vagus nerve stimulation. VNS may be considered in adult patients who have been found to be unsuitable for resective surgery. 	Recommendations published in 2015, and revised in 2018. A guideline on the diagnosis and management of epilepsy in children was due to be published in 2019, but at the time of writing this report, no publication was identified.
Fair Methodological Qu	ality		
Task Force Report for the ILAE Commission of Pediatrics, 2015 ⁹⁵	Management of Infantile Seizures	 There are insufficient data to conclude if there is a benefit from intervention with VNS in infants with seizures. Infants with medically refractory seizures who are not suitable candidates for epilepsy surgery may be considered for VNS (expert opinion and standard practice; optimal level care at tertiary/quaternary facilities) (data are inadequate or conflicting; treatment, test or predictor unproven). 	Recommendations published in 2015.

Organization	Topic	Excerpted Recommendation(s)	Status
Poor Methodological Qu	uality		
Australian Government Medical Services Advisory Committee (MSAC), 2016 ⁹¹	VNS for refractory epilepsy	After considering the evidence presented in relation to the comparative safety, clinical effectiveness and cost-effectiveness, MSAC supported MBS funding of VNS therapy for a small patient population with refractory epilepsy and a high unmet clinical need. In this context, MSAC accepted the high cost-effectiveness ratio.	Recommendation made in 2016, with no clear timeframe for updating or surveillance
Epilepsy Implementation Task Force, 2016 ⁹²	Management of medically-refractory epilepsy in adults and children who are not candidates for epilepsy surgery	 Since general neurostimulation devices are less effective than epilepsy surgery, patients with medically-intractable epilepsy should not be considered for such devices until more effective treatment options such as effective surgical resections have been considered. Patients considered for neurostimulation should have epilepsy refractory to medical therapy and not be candidates for focal resection epilepsy surgery (e.g. seizure onset zone within eloquent cortex, or more than one seizure focus). tVNS cannot be recommended for the treatment of DRE at the present. 	Recommendations published in 2016, with a suggested date for next review of 2018 No updated recommendations were identified at the time of writing this report
Wirrel et al. on behalf of a North American Consensus Panel, 2017 ⁹⁶	Diagnosis and management of Dravet syndrome	 Before considering any surgery, including VNS, patients must be evaluated at a comprehensive epilepsy center with extensive expertise in Dravet syndrome to ensure other therapies have been maximized VNS can be considered but only after failure of both first-(clobazam and valproic acid) and second-line (stiripentol, topiramate, and ketogenic diet) treatments. VNS has a minimal to moderate impact on seizure reduction but is generally less efficacious than the ketogenic diet. No consensus was reached regarding the efficacy of the magnet to prevent prolonged seizures. VNS does not significantly benefit development or behavior in most patients. 	Recommendations published in 2017, with no clear timeframe for updating or surveillance

Abbreviations. DRE: drug-resistant epilepsy; ILAE: International League Against Epilepsy; MBS: Australian Medicare Benefits Schedule; MSAC: Australian Government Medical Services Advisory Committee; tVNS: transcutaneous VNS; VNS: vagal nerve stimulation.

Table 21. Clinical Practice Recommendations on VNS for Treatment-Resistant Depression

Organization	Topic	Excerpted Recommendation(s)	Status
Good Methodological Quality			
Working Group of the Clinical Practice Guideline on the Management of Depression in Adults, 2014 ¹⁰¹	Management of depression in adults	The use of VNS outside the scope of research is discouraged due to the invasive nature of the procedure, uncertainty about its efficacy and adverse effects.	Recommendations published in 2014, with no clear timeframe for updating or surveillance
Fair Methodological Quality			
Canadian Network for Mood and Anxiety Treatments, 2016 ⁹⁷	Neurostimulation in the management of major depressive disorder in adults	 VNS recommended as third-line treatment, after first-line treatment of repetitive transcranial magnetic stimulation and electroconvulsive therapy as second-line treatment for adults with major depressive disorder. 	Recommendations published in 2017, with no clear timeframe for updating or surveillance
Department of Veterans Affairs, Department of Defense, 2016 ⁹⁸	Management of major depressive disorder		Recommendations published in 2016, with no clear timeframe for updating or surveillance
Royal Australian and New Zealand College of Psychiatrists, 2015 ¹⁰⁰	Management of mood disorders	No explicit recommendations on the use of VNS were made.	Recommendations published in 2015, with no clear timeframe for updating or surveillance
Poor Methodological Quality			
Australian Government Medical Services Advisory Committee (MSAC), 2018 ⁹⁹	VNS for chronic major depressive episodes	 After considering the strength of the available evidence in relation to comparative safety, clinical effectiveness and cost-effectiveness, MSAC did not support MBS funding of VNS for chronic major depressive episodes. MSAC accepted that there was a clinical need for more treatment options for this patient population. However, MSAC had concerns regarding the comparative safety, limited evidence of clinical effectiveness, and resulting uncertainty regarding comparative cost-effectiveness for VNS. MSAC advised that any resubmission should include further clinical effectiveness data from sham-controlled randomized trials and also studies that explore the mechanistic basis for how VNS achieves its antidepressant effects, and whether VNS interacts negatively with ongoing treatment with pharmacological antidepressant agents. 	Recommendation made in 2018, with no clear timeframe for updating or surveillance

Abbreviation. MBS: Australian Medicare Benefit Schedule; MSAC: Australian Government Medical Services Advisory Committee; VNS: vagal nerve stimulation.